

Concordia at Sumner

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April 8, 2019

Amy Hogan
Nursing Home Policy Manager
The Ohio Department of Medicaid Assistance
50 W Town St #400
Columbus, OH 43215

Dear Amy Hogan,
Grant ID: # G-1819-04-0401

During the third quarter of the "Put Our Faith in Caring" It's Never 2 Late (IN2L) project we have grown in numbers and diversity.

Machines (TS1&TS2) were having some sound issues due to a faulty cord; however, the issue was quickly remedied by the IN2L tech team. Due to the faulty cord, the usage reports for this machine are lower than normal.

We have also observed more people in our community inquiring about the IN2L interactive computers. We have finished training all staff members about the IN2L and now will be scheduling future sessions to teach and provide more in-depth lessons. We have trained our volunteer group, the Louise Sumner Board. The goal is for the volunteers to feel confident enough to conduct 1:1 visit with residents that need some redirection or some company. Along with these orientation trainings, the IN2L training has been added to our employee onboarding schedule in order to train all new employees.

Over the last quarter, we have kept up with updating the "my page" icons for each resident in our long-term care. Project facilitator, Ms. Erin Rorar, has continued her routine of documentation of the date, time, what she did with the resident, and how they reacted. This documentation enables her to truly focus on ensuring quality time spent with each resident. Ms. Rorar is continuing to make strides towards the established goals set for the next three years.

We learned last quarter that the IN2L tabs can be utilized in a layered format. For example, they can simultaneously play music while using a tab with a game or puzzle on it. A resident can enjoy doing an activity on the IN2L and also listen to their favorite music at the same time. The purpose of this was to increase the diversification of the applications that are used on the IN2L computers.

We have attached labeled boxes to each machine to ensure that the equipment attachments are used. The box contains the adaptive equipment which will be easily accessible. In addition, we have added binders with laminated instructions explaining how to use the machine. The binder provides instruction for staff on all shifts to have an easy to use reference that reinforces concepts that were taught in onboarding.

An advancement over the last quarter was made with the usage of the Therapy Department. One of the machines has been moved into the therapy gym area in order for them to utilize the programs in their therapy sessions. One of the examples of usage, is the utilization of the bike for arms and legs which increases upper and lower body strength as well as endurance. One of our younger residents who had a hip replacement was relaxing on the mat when heard the sensory music and stated "I love this music, it is so relaxing." A conversation began with her therapist about her upcoming vacation to Sedona and it led to the resident biking through Sedona with the IN2L. Ultimately, the music encouraged this resident to participate without staff verbally encouraging her.

When the Therapy Director was asked her opinion about the IN2L, she had an overwhelming response of positive statements. She said the best part about the program is how it provides options to provide variety in the experience of their therapy session rather than the redundancy of repeating the same daily therapies.

The therapy department as a whole will use "pump up music" at the beginning of their sessions and at the end of their sessions they will use "cool down" music. Other favorite programs the department uses are the memory game, hangman, and connect four. Speech therapy also continues to use the mind stimulating programs as well as puzzles and games. The therapy department feels that this has been a huge advancement and success. They have repeatedly said how helpful these machines are and they are grateful to have them.

When we asked our speech therapist about her thoughts on utilizing the IN2L, she stated she is very thankful that we received this grant. She said that it really helps her with the residents when doing speech exercises for them to find words and reminisce. Before the IN2L, she would do the same generic thing with every resident with the tools she was provided. Now, she has a whole system that will at least have one thing for every resident that she works with that will help them bring up memories or interests that she utilizes in speech therapy. For example, there is a resident who loves dogs. The IN2L program provides thousands of different activities, pictures, videos, and memories of the type of dog that the resident likes vs. the prompt of a picture of a dog. The Speech therapist has had the opportunity to provide a more diverse experience for her resident sessions.

During this quarter, we had an opportunity to spotlight the IN2L with one of our Medical Doctors and her students. On Thursday March 14th 2019, medical students from NEOMED visited the campus and Ms. Rorar provided education to the students about IN2L and how it is utilized with our residents. Volunteer opportunities with the usage of the IN2L program were highlighted. The students expressed that they thought it was innovative and a great way to work with residents with Alzheimer's and Dementia.

There has been continual usage of Skype with our residents and their family members; it has been a success.

One success story is with one of our residents that Ms. Rorar has been working with for over 8 months. She has made it a routine to work with this resident doing things on the IN2L such as: viewing St. Kits, listening to relaxation/sundowning music, and skyping her loved ones. This resident in particular used to be negative towards herself as well as other residents. Recently, this resident was with another resident and instead of being rude or negative towards the resident who was being very loud, she sat there with a smile on her face and had a conversation with the resident. It was wonderful to see this happening. When Ms. Rorar began working here, she never thought that this resident would have had this amount of patience or

positive attitude towards another resident. There has been a vast improvement in mood and behavior over the past eight months of interaction.

This quarter, along with using the IN2L for 1:1 purpose, Ms. Rorar has continued to implement the IN2L into group programs. An example, includes the trivia application. The super bowl trivia option was played with a cognitively impaired resident. She answered all twenty questions correctly and when she was answering the questions her son walked into the group and stood back and watched his mom answer all of these hard questions. He was so thankful that we have a program like this at our facility and that it is bringing positive memories up for his mom and that it shows that she has not forgotten everything. We also have continued to use the "What did it cost?" application. Both of these programs encourage the group to reminisce with one another and allow Ms. Rorar to create conversation. During the evenings, Ms. Rorar has been doing family feud with a small group of residents who are waiting to go to bed. Also, it's been used during group exercise, music groups, and dancing groups. The IN2L has been also been implemented during our religious services, bible studies, and during the rosary.

Another success story is with one of our residents who was unable to leave her room. Ms. Rorar began working with this resident and doing 1:1 visitation with her. This resident was down and pretty upset. After working with Ms. Rorar, this resident has become happier and more vibrant. The resident is an artist; Ms. Rorar and her look at different art work and artists together and reminisce about her childhood and how she began as an artist.

Ms. Rorar started working with one of the couples who reside in the facility. The wife refused group programs and likes to stay in bed most of the day while her husband prefers to be out and about. However, they like to do things in their room together. The wife is from Greece and the husband is from Italy. We did trivia on Greece and Italy as well as slide shows to see the different parts of the countries they both love. The wife actually sat up from bed and got a huge smile on her face and became conversational. They enjoyed it because they both got to reminiscence about their time in those countries. It was good to see them interact together.

To continue on with our success stories, we have a resident that gets very upset and likes to roam the hallways and inevitably ends up in other people's rooms. Ms. Rorar or staff will sit with him and work with the IN2L which assists in redirecting and calming him down within 15-20 minutes. After he is calm, he is able to sit by the fireplace to watch his favorite show. This resident will actually wheel himself to the IN2L and yell out the TV show he enjoys watching (BONANZA! or GUNSMOKE!). This is how he communicates with the staff about his activity preferences. Ms. Rorar has made it a routine to work with this resident 3 times a week. This resident has appeared to be happier when they use the IN2L. He now uses verbal cues to get the attention of the staff when he wants something. One evening, he refused to eat dinner and Ms. Rorar went up to him and told him she would be his date to dinner and then he eventually went to dinner.

The residents continue to display positive outcomes in all areas of care. Ms. Rorar is accessing the resources and guidance through our IN2L contact, Melonie Tindall, to determine progress with the grant goals. We optimistically anticipate continued success in the upcoming twenty-seven months of the project.

Sincerely,

Charlene Kish

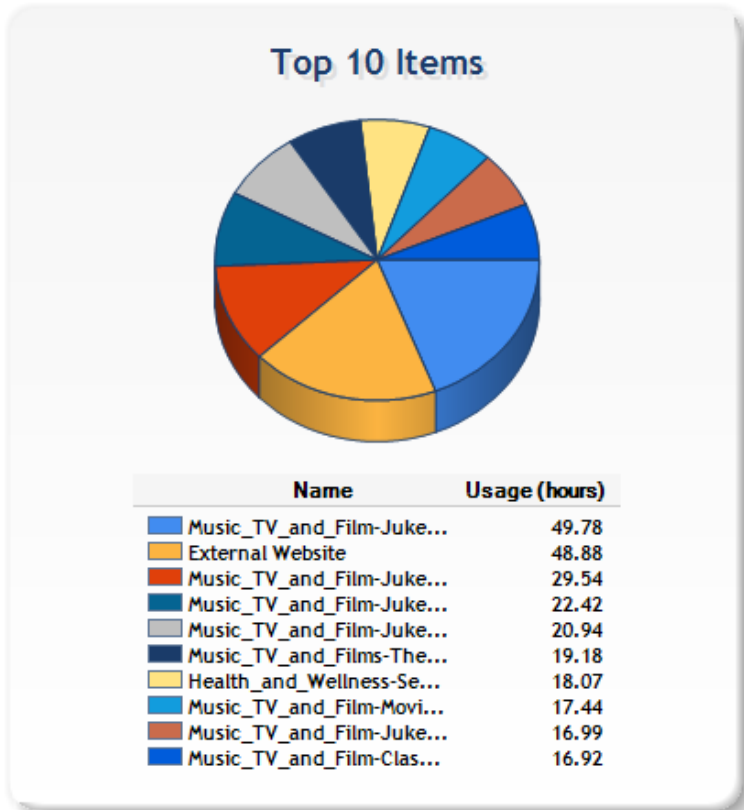
Charlene Kish

CEO Concordia at Sumner

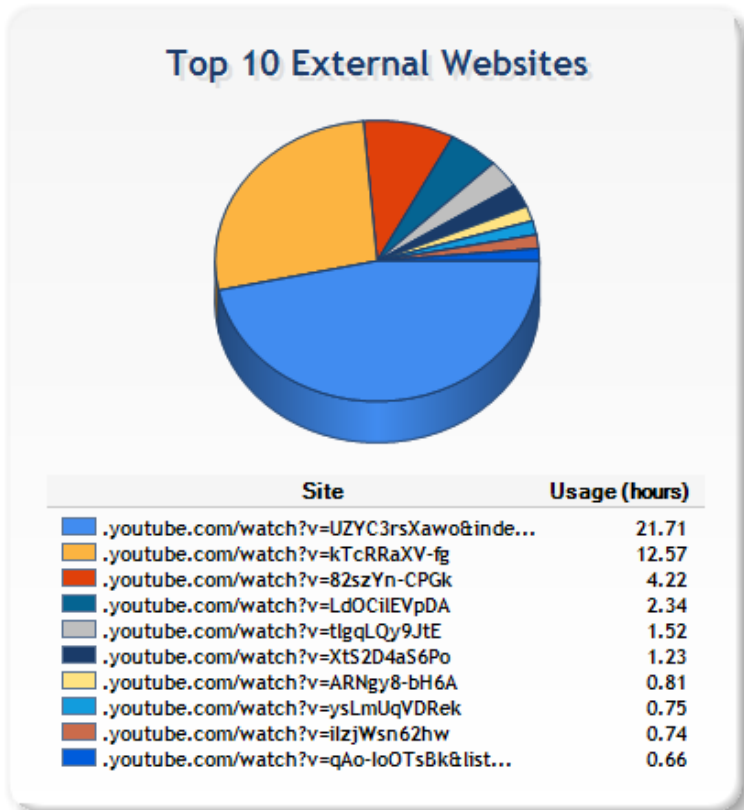


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Daily Usage

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1/3/2019	0 hours
1/4/2019	2.92 hours
1/5/2019	0.25 hours
1/6/2019	8.38 hours
1/7/2019	6.28 hours
1/8/2019	2.86 hours
1/9/2019	4.95 hours
1/10/2019	9.98 hours
1/11/2019	21.42 hours
1/12/2019	13.78 hours
1/13/2019	9.19 hours
1/14/2019	6.81 hours
1/15/2019	13.87 hours
1/16/2019	17.8 hours
1/17/2019	9.7 hours
1/18/2019	12.06 hours
1/19/2019	21.63 hours
1/20/2019	24 hours
1/21/2019	19.07 hours
1/22/2019	13.4 hours
1/23/2019	22.86 hours
1/24/2019	20.72 hours
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1/26/2019	7.89 hours
1/27/2019	0 hours
1/28/2019	8.37 hours

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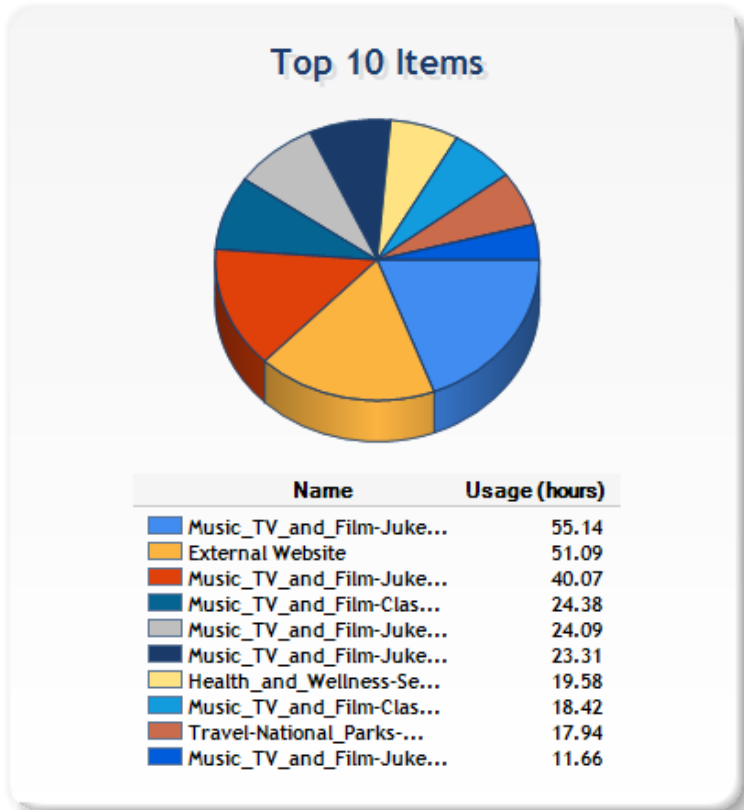
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Total Hours	348.86

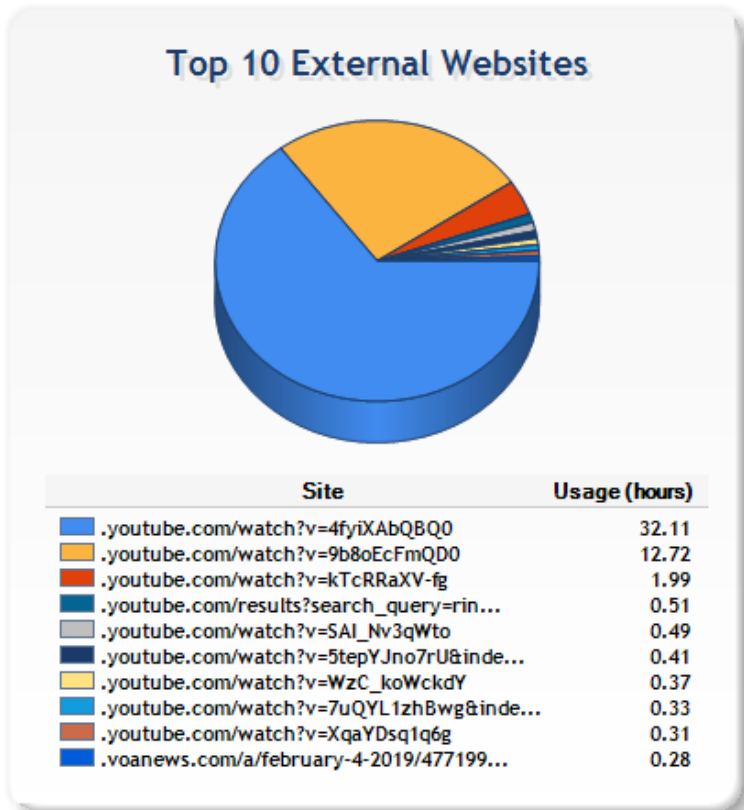


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Daily Usage

2/1/2019	20.73 hours
2/2/2019	13.35 hours
2/3/2019	24 hours
2/4/2019	20.02 hours
2/5/2019	0.43 hours
2/6/2019	4.05 hours
2/7/2019	12.98 hours
2/8/2019	20.53 hours
2/9/2019	10.96 hours
2/10/2019	0 hours
2/11/2019	13.41 hours
2/12/2019	16.42 hours
2/13/2019	10.69 hours
2/14/2019	18.97 hours
2/15/2019	5.35 hours
2/16/2019	11.63 hours
2/17/2019	8.78 hours
2/18/2019	6.8 hours
2/19/2019	12.26 hours
2/20/2019	20.3 hours
2/21/2019	5.62 hours
2/22/2019	2.15 hours
2/23/2019	24 hours
2/24/2019	14.99 hours
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2/26/2019	17.86 hours
2/27/2019	24 hours
2/28/2019	13.59 hours

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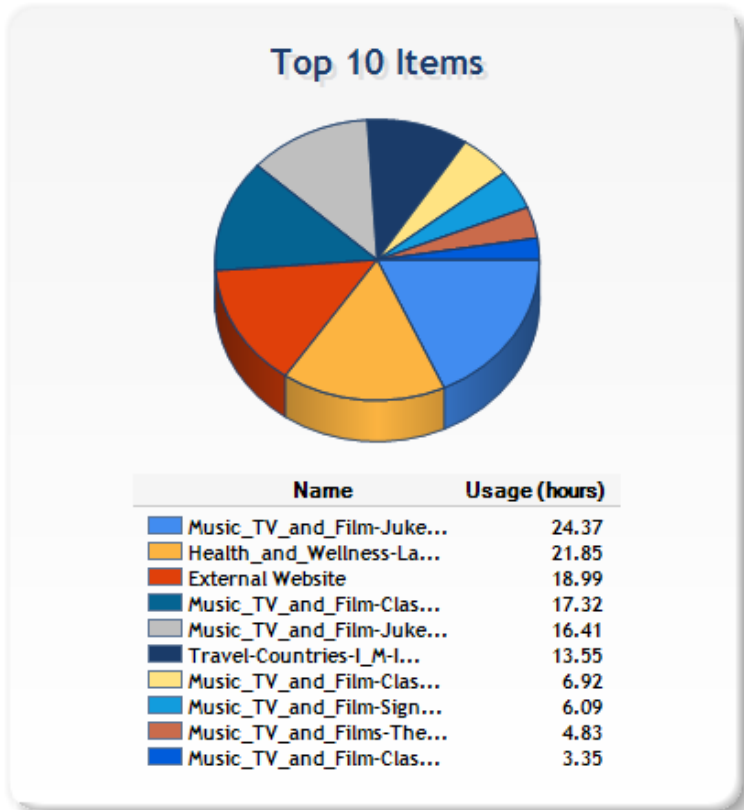
Daily Usage

Total Hours	361.48
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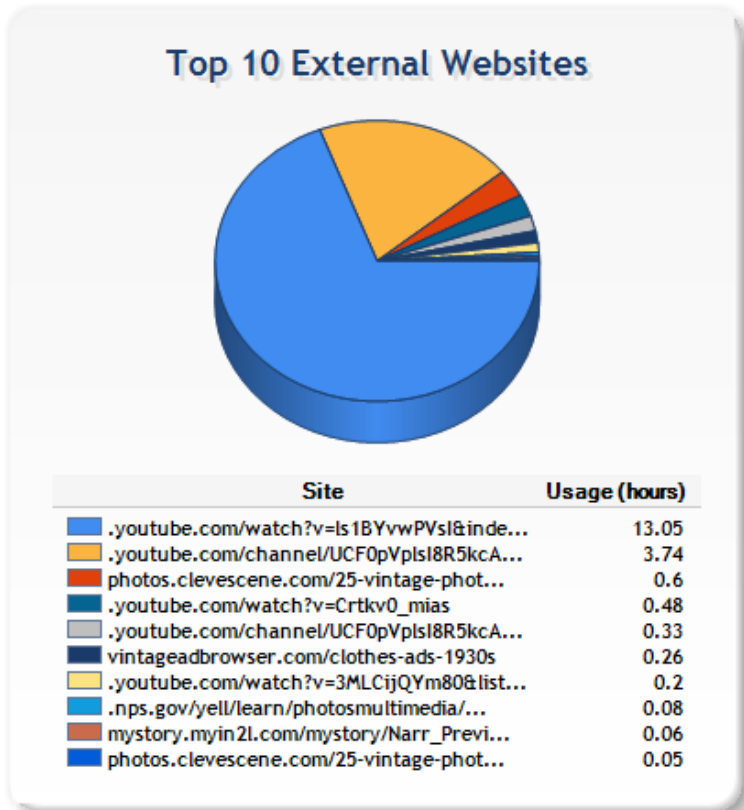


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Daily Usage

3/1/2019	8.71 hours
3/2/2019	1.57 hours
3/3/2019	10.49 hours
3/4/2019	22.99 hours
3/5/2019	14.18 hours
3/6/2019	12.02 hours
3/7/2019	2.42 hours
3/8/2019	2.95 hours
3/9/2019	0 hours
3/10/2019	0 hours
3/11/2019	0.32 hours
3/12/2019	0 hours
3/13/2019	0 hours
3/14/2019	0.2 hours
3/15/2019	0 hours
3/16/2019	0 hours
3/17/2019	0 hours
3/18/2019	0 hours
3/19/2019	9.02 hours
3/20/2019	15.41 hours
3/21/2019	12.81 hours
3/22/2019	3.52 hours
3/23/2019	5.04 hours
3/24/2019	13.05 hours
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3/26/2019	1.1 hours
3/27/2019	13.55 hours
3/28/2019	2.42 hours

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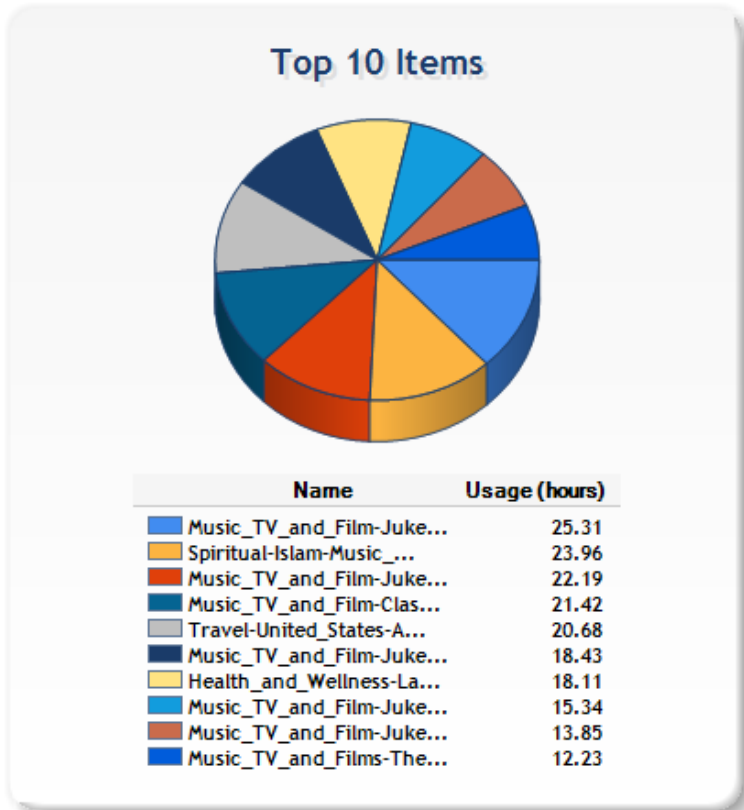
Daily Usage

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Total Hours	154.59

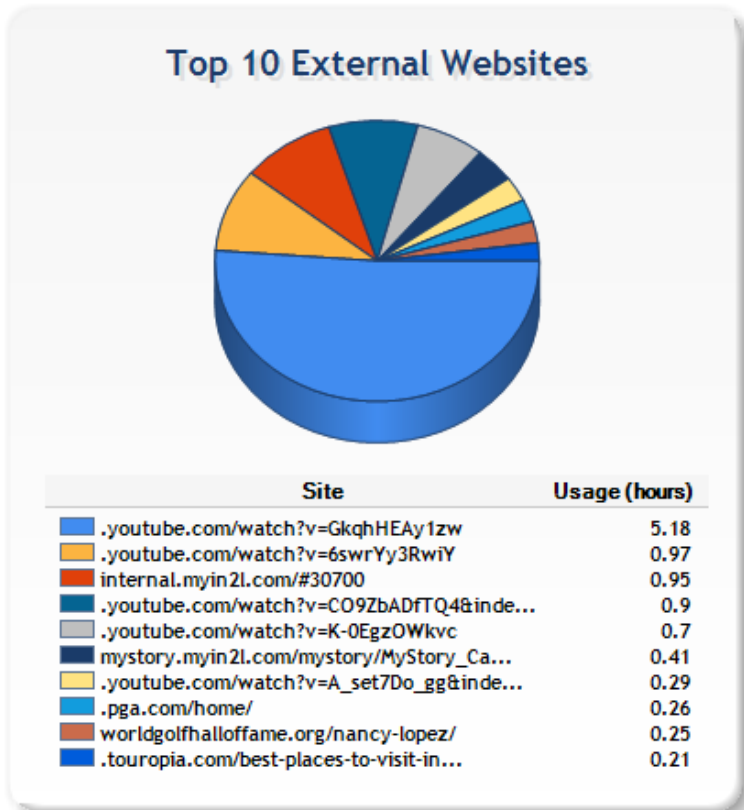


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Daily Usage

1/1/2019	0.05 hours
1/2/2019	5.62 hours
1/3/2019	12.65 hours
1/4/2019	11.59 hours
1/5/2019	22.99 hours
1/6/2019	16.52 hours
1/7/2019	9.1 hours
1/8/2019	6.65 hours
1/9/2019	6.6 hours
1/10/2019	7.86 hours
1/11/2019	13.01 hours
1/12/2019	18.7 hours
1/13/2019	0 hours
1/14/2019	6.86 hours
1/15/2019	9.1 hours
1/16/2019	5.5 hours
1/17/2019	7.5 hours
1/18/2019	10.53 hours
1/19/2019	0.25 hours
1/20/2019	14.16 hours
1/21/2019	18.04 hours
1/22/2019	11.82 hours
1/23/2019	2.5 hours
1/24/2019	7.04 hours
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1/27/2019	6.05 hours
1/28/2019	10.33 hours

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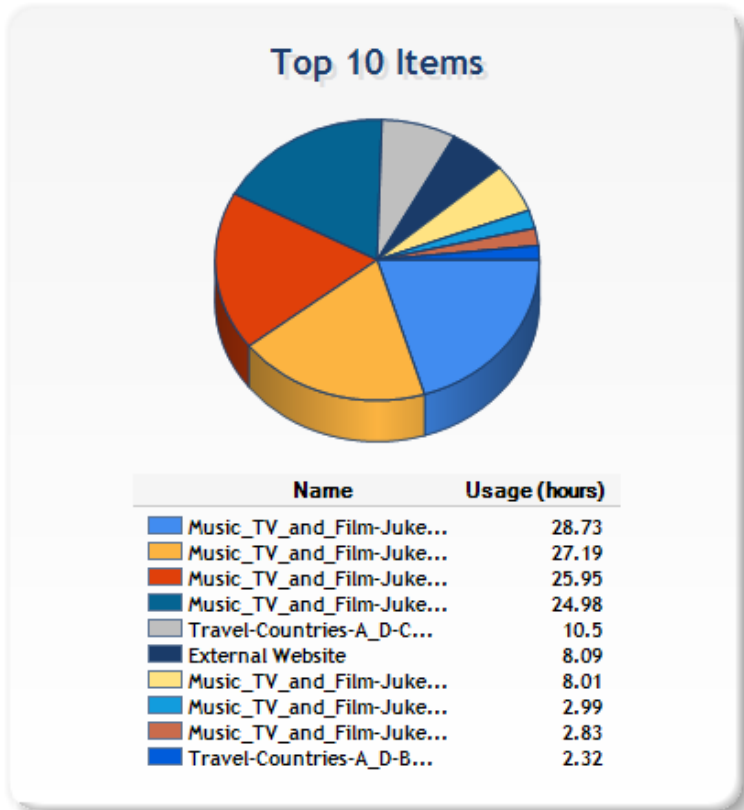
Daily Usage

1/29/2019	7.47 hours
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1/31/2019	0 hours
Total Hours	270.05

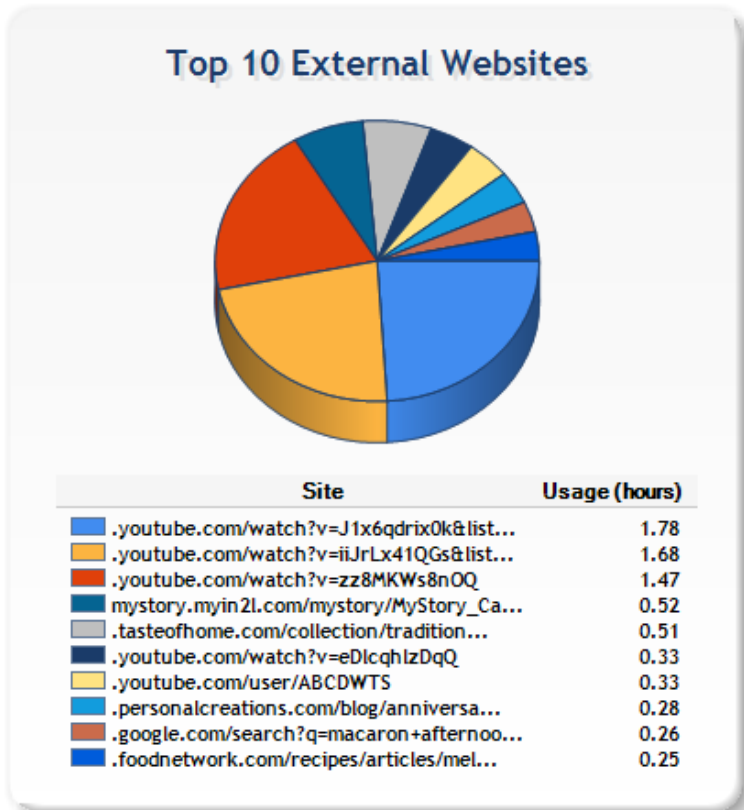


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Daily Usage

2/1/2019	4.65 hours
2/2/2019	15.47 hours
2/3/2019	18.46 hours
2/4/2019	6.26 hours
2/5/2019	14.97 hours
2/6/2019	16.11 hours
2/7/2019	0 hours
2/8/2019	0.92 hours
2/9/2019	2.23 hours
2/10/2019	15.76 hours
2/11/2019	10.01 hours
2/12/2019	0 hours
2/13/2019	0.25 hours
2/14/2019	0 hours
2/15/2019	0 hours
2/16/2019	10.51 hours
2/17/2019	4.21 hours
2/18/2019	2.38 hours
2/19/2019	0 hours
2/20/2019	0 hours
2/21/2019	0 hours
2/22/2019	0.41 hours
2/23/2019	0 hours
2/24/2019	0 hours
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2/28/2019	0.61 hours

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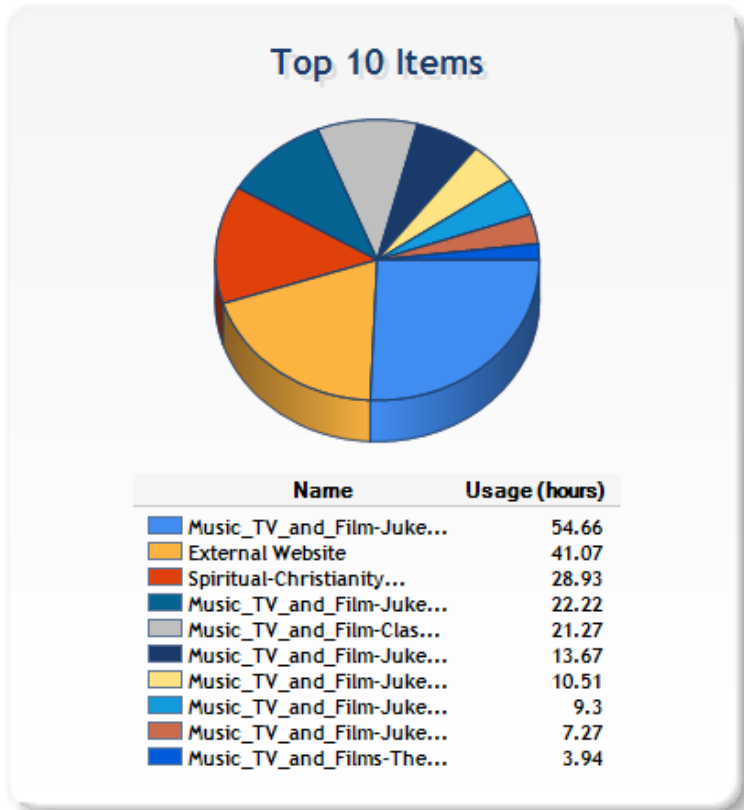
Daily Usage

Total Hours	152.25
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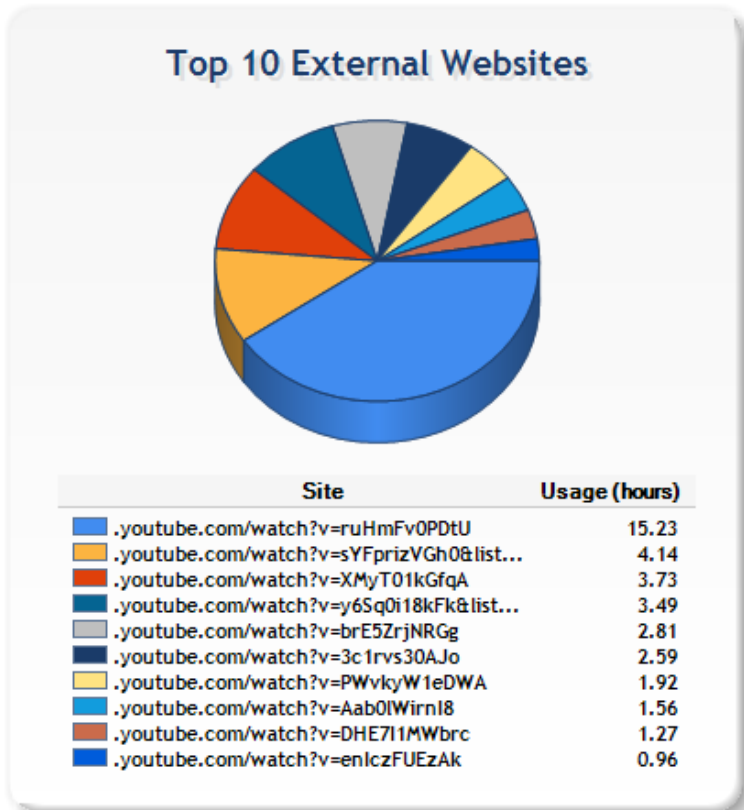


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Daily Usage

3/1/2019	2.51 hours
3/2/2019	6.89 hours
3/3/2019	16.49 hours
3/4/2019	12.99 hours
3/5/2019	7.04 hours
3/6/2019	6.27 hours
3/7/2019	1.15 hours
3/8/2019	6.89 hours
3/9/2019	0 hours
3/10/2019	0.77 hours
3/11/2019	0.43 hours
3/12/2019	6.75 hours
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3/14/2019	7.08 hours
3/15/2019	7.3 hours
3/16/2019	0 hours
3/17/2019	0.8 hours
3/18/2019	3.03 hours
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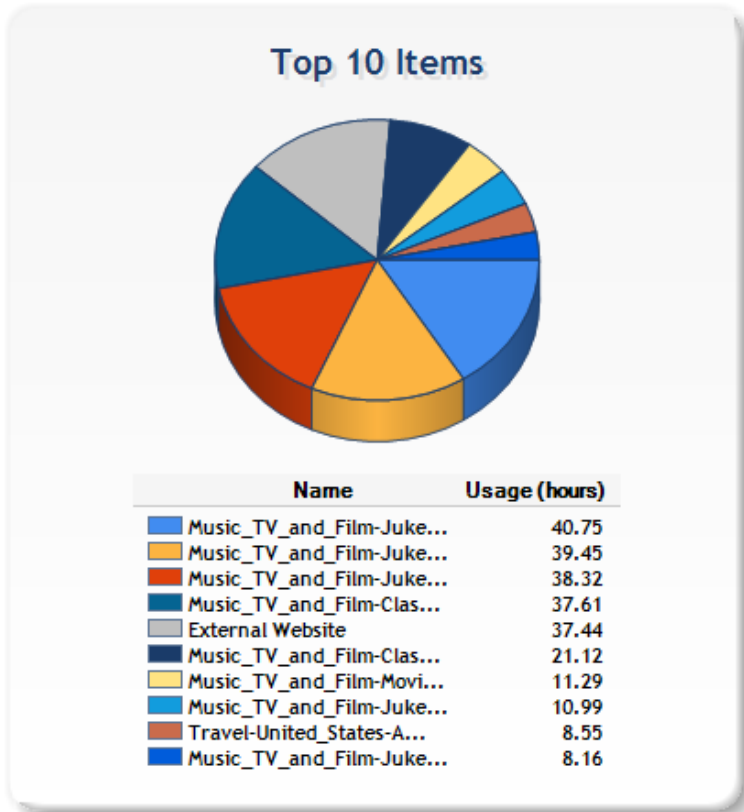
Daily Usage

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Total Hours	244.49

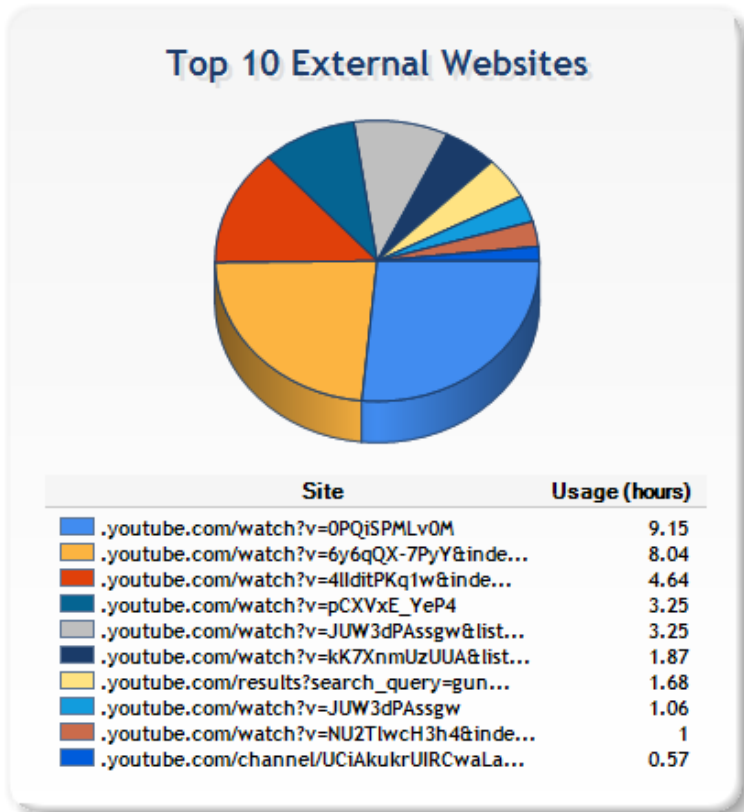


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Daily Usage

1/1/2019	0.26 hours
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1/4/2019	22.2 hours
1/5/2019	9.06 hours
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1/8/2019	7.73 hours
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1/10/2019	14.54 hours
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1/28/2019	9 hours

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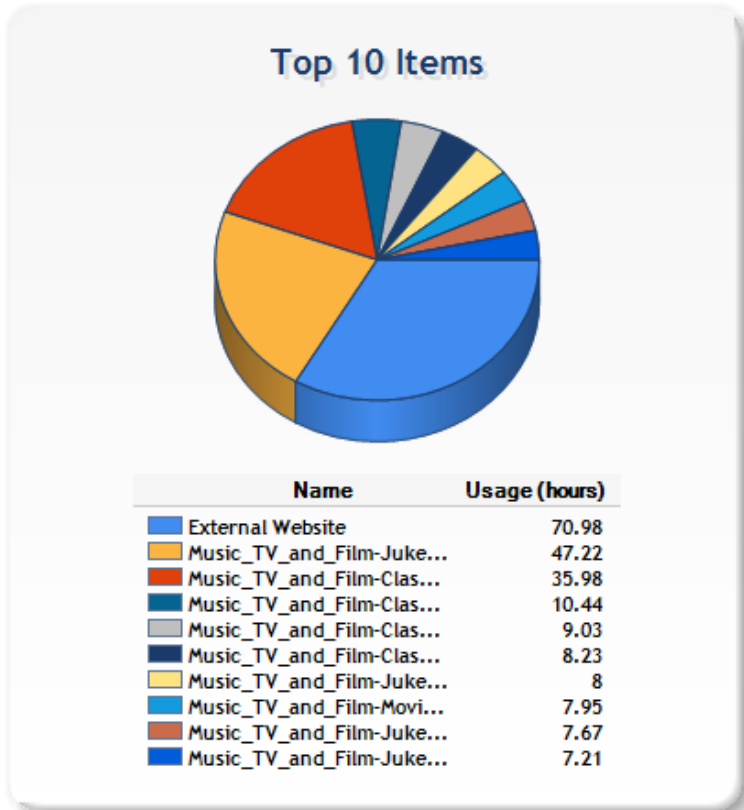
Daily Usage

1/29/2019	10.5 hours
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1/31/2019	0 hours
Total Hours	304



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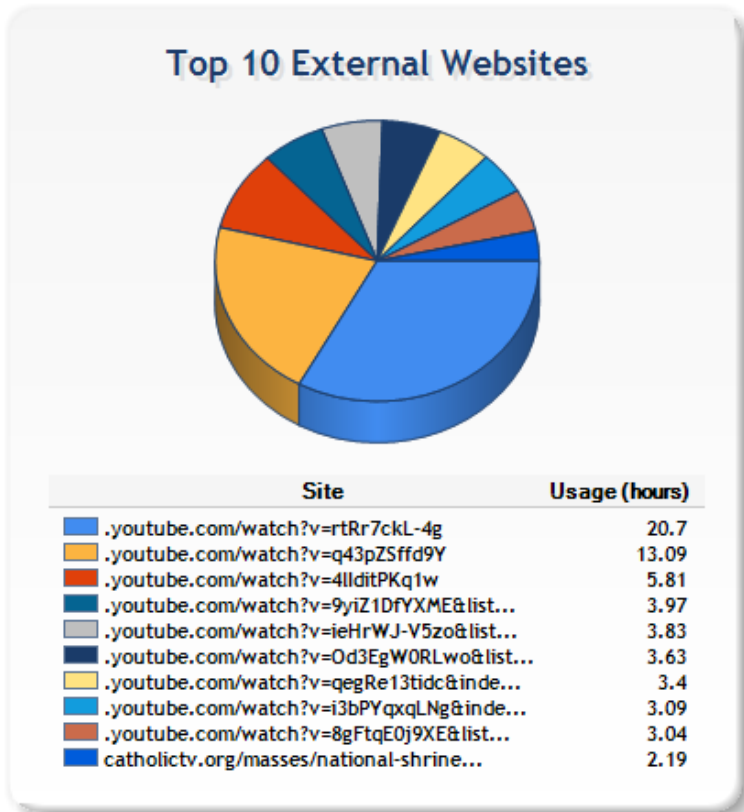
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Daily Usage

2/1/2019	9.48 hours
2/2/2019	13.99 hours
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2/4/2019	7.06 hours
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2/6/2019	6.16 hours
2/7/2019	12.47 hours
2/8/2019	20.71 hours
2/9/2019	4.31 hours
2/10/2019	0 hours
2/11/2019	9.83 hours
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2/15/2019	10 hours
2/16/2019	9.91 hours
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2/20/2019	11.24 hours
2/21/2019	8.75 hours
2/22/2019	8.14 hours
2/23/2019	6.87 hours
2/24/2019	3.1 hours
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2/28/2019	6.78 hours

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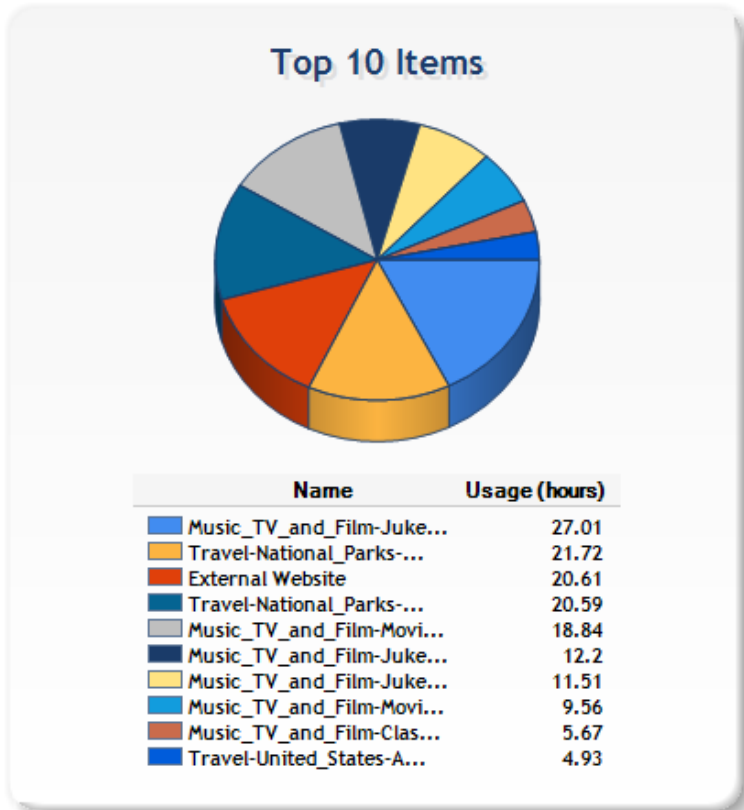
Daily Usage

Total Hours	280.22
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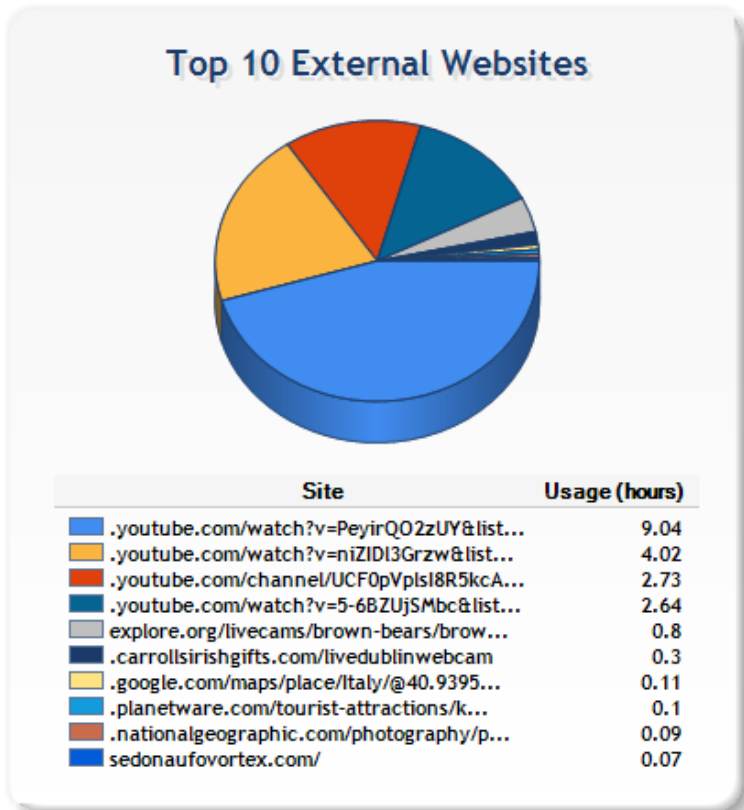


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Daily Usage

3/1/2019	1.47 hours
3/2/2019	10.16 hours
3/3/2019	4.03 hours
3/4/2019	13.1 hours
3/5/2019	9.23 hours
3/6/2019	9.49 hours
3/7/2019	5.88 hours
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3/18/2019	9.64 hours
3/19/2019	8.85 hours
3/20/2019	8.8 hours
3/21/2019	1.56 hours
3/22/2019	4.85 hours
3/23/2019	0 hours
3/24/2019	0 hours
3/25/2019	10.78 hours
3/26/2019	11.03 hours
3/27/2019	2.05 hours
3/28/2019	12.9 hours

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Daily Usage

3/29/2019	9.53 hours
3/30/2019	1.09 hours
3/31/2019	0 hours
Total Hours	196.49