



Opening Minds through Art (OMA) II A Quality Improvement Project

1. Purpose and Summary

Title:

Scripps Gerontology Center's Opening Minds through Art (OMA) program: Improving the nursing home experience of residents with dementia through intergenerational engagement with medical/health sciences students.

Purpose:

The purpose of this project is to provide residents with dementia in nursing facilities with the opportunities:

1. To engage in meaningful creative expression;
2. To socially engage with medical/health sciences students, one-on-one on a weekly basis;
3. To assume an active role as educators of these medical/health sciences students' professionalization.

[Opening Minds through Art \(OMA\)](#) is an award-winning, evidence-based, intergenerational art-making program for people with dementia. It is designed to provide opportunities for creative self-expression and social engagement for people with Alzheimer's disease and other forms of neurocognitive disorders. The program is also aimed at providing students with opportunities to develop positive attitudes and effective communication skills when interacting with older adults with dementia. Developed in 2007 at Miami University's [Scripps Gerontology Center](#) in Oxford, Ohio, the program is grounded in person-centered care principles.

In OMA, students are paired to work one-on-one with elders who have dementia. Based on eleven years of operation at Miami University serving over 2,000 pairs of Miami students and elders with dementia, we published studies on its impact on improving students' attitudes toward older adults with dementia [1, 2, 5, 6]. Now, we would like to improve the ability of medical/health sciences students to connect and communicate with older adults living with dementia through participation as volunteers in OMA.

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The expected outcomes, based on previous evaluations, are: improved well-being for the elders with dementia [3, 4]; and for the students, increased dementia knowledge, comfort level in interacting with older adults with dementia, and increased “liking” of older adults with dementia or “allophilia” [1].

In 2016, the Ohio Department of Medicaid (ODM) supported Scripps Gerontology Center through CMP funding to train staff members from 102 Ohio nursing homes to implement OMA by June 30, 2019. All 102 sites have been trained and 67 nursing homes have implemented the program so far. This is a 446% increase from the initial 15 Ohio nursing homes that implemented OMA in 2016.

The nursing homes that have been trained but have not yet implemented the program were only recently trained (the last group ended their training on June 27, 2019) or reported they were experiencing difficulty in recruiting volunteers to maintain the one-to-one ratio of residents with dementia and volunteers that is required in OMA programming. Most late start nursing homes cited this challenge of recruiting volunteers as the main barrier to implementing the OMA program. In Phase II of this project, we plan to address this issue by recruiting medical/health sciences universities to formally adopt the OMA program for their students’ learning opportunity, and then selecting nursing homes near these universities to be trained in implementing OMA. The universities will serve as ongoing sources of volunteers for nearby facilities with OMA programs.

Project Summary:

We plan to provide OMA to 36 new Ohio nursing homes paired with 36 Ohio universities preparing students to become physicians, nurses, occupational therapists, and speech therapists. These four professions are positioned to significantly impact the quality of care of residents with dementia in nursing homes. They have regular and often sustained contact with residents with dementia and frequently serve as members of the mandated interdisciplinary teams which guide resident care planning. We have recent experience with providing OMA to students at The University of Toledo College of Medicine and Life Sciences, the Nursing and Speech Pathology and Audiology Departments at Miami University, University of Cincinnati Communication Sciences and Disorders, and the occupational therapy programs at Maryville University, Husson University, and Virginia Commonwealth University.

The University of Toledo College of Medicine and Life Sciences has provided OMA to its students since 2018 at two different nursing facilities. Now, we would like to expand the program to the remaining medical schools in Ohio and selected Ohio universities health science education specified above. For the list of universities and the selection process, please refer to Appendix A. Nursing homes within a 30-minute drive from these universities will be selected through an application and interview process to ensure successful implementation.

In order to achieve the goal of pairing Ohio nursing facilities with medical and health sciences universities throughout Ohio, we request support for the following:

1. Support for 36 new nursing homes that have never offered OMA before and are located within a 30-minute drive of medical/health sciences educational institutions to adopt OMA over a 36-month period. Twelve nursing homes and 12 partnering universities will be targeted during each 12-month funding period. We anticipate that the partnerships between the universities and nursing homes will be sustained after the grant period once the universities have seen the impact OMA has on their students. We have found this to be the pattern everywhere where OMA has been replicated.

With this grant, Scripps Gerontology Center will provide the following skills and services to each nursing home that participates in this project:

- Training registration costs for 2 staff members to attend OMA facilitator training.
- OMA Handbook with 20 field-tested OMA art projects and all necessary materials to implement and evaluate the OMA program.
- Supply list and \$2,000 to purchase recommended art supplies. (See Appendix B for a complete list of supplies needed.)
- Tablet to record and submit video data for review by Scripps staff to ensure the quality and fidelity of the OMA program.
- Post training consultation and support by OMA staff.
- **NOTE:** Nursing facilities are expected to cover their own staff members' travel and lodging expenses when attending the mandatory OMA facilitator training as their contribution to this collaboration.

2. To implement the project, Scripps Gerontology Center at Miami University needs:

- Additional staff dedicated to creating and maintaining communication among the educational institutions and the nursing homes.
- IT support to maintain the online training system we developed using the previous 3-year funding.
- OMA staff time to collect data, analyze and write reports for ODM to assess the effectiveness of the program.
- Staff and Lead Artists' time and travel to provide OMA facilitator training to nursing home staff members. This would allow OMA staff to conduct training at various locations throughout the state in addition to its home base in Oxford, Ohio.
- Staff time to review submitted video data as part of the quality and fidelity maintenance process.

IMPORTANT NOTE: No medical/health sciences universities will receive any CMP funding for participating in this project.

Sustainability:

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CMP funding will be used for expanding this project throughout the state of Ohio. Using data from the success of this project in Ohio, we will seek other funding sources for national expansion. Our plan is to approach large foundations for this nation-wide replication of the project after the CMP funding period concludes. There are about 140 MD-granting institutions and 30 DO-granting institutions and thousands of health sciences universities across the nation. Below is our timeline for national expansion and financial sustainability:

During CMP funding period:

- 2019-20: Use CMP funding to build OMA in 12 Ohio universities providing medical and health science education; research foundations for future funding.
- 2020-21: Use CMP funding to build OMA in 12 Ohio universities providing medical and health science education; build relationships with particular foundations receptive to the OMA project.
- 2021-22: Use CMP funding to build OMA in 12 Ohio universities providing medical and health science education; write up research findings; submit proposals to foundations for nation-wide replication.

Sustainability:

- 2022-23: Start national expansion of the Ohio OMA project. Project is to be fully funded by foundations.
- 2023-24: Continue to scale the project in more universities. Begin expense sharing: 75% continued funding from foundations and 25% funded by tuition from medical/health sciences students for participating in OMA.
- 2024-25: Continue to scale the project with modified expense sharing: 50% from foundations and 50% from tuition from students participating in OMA.
- 2025-26: Continue to scale the project with further modification of expense sharing: 25% from foundations and 75% from tuition.
- 2026-27: Maintain all programs at all medical and health sciences universities with 100% of all expenses covered by students' tuition.

Scripps Gerontology Center is an Ohio Center of Excellence with the infrastructure needed to ensure successful implementation of this project. We have the organizational capacity to support all aspects of the project, including content and evaluation expertise, electronic learning instructional designers, and administrative assistance.

Reporting:

Quarterly progress reports will be submitted to the Ohio Department of Medicaid during the project period, as well as a final report at the conclusion of the project that includes overall project results, data

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analysis on the medical/health sciences students' changes in attitude toward older adults living with dementia, and lessons learned.

2. Expected Outcomes

Expected outcomes:

- More person-centered creative arts programming will be provided to people with dementia in nursing homes throughout Ohio.
- Medical and health sciences students participating in OMA will show more positive attitudes toward older adults in general and those with dementia in particular.

Deliverables:

First year:

- Screening process to select health sciences universities and nursing homes will be completed.
- Twelve Ohio universities offering medical, nursing, speech therapy and occupational therapy degrees are selected. (Note: If a university has both a health science program and a medical school, it will be counted as two different settings, each department will have its own nursing home partner.)
- Using the screening process, 12 nursing homes within a 30-minute drive of these schools are selected.
- Partnerships between the 12 selected universities and the 12 nursing homes are established.
- Training sessions for the above identified nursing home staff members to host OMA will be completed.
- Online training for the students to serve as OMA volunteers will be finalized at the start of the first year.
- Quarterly progress reports submitted to ODM.

Second year:

- Same activities as the first year but with an additional 12 Ohio universities and 12 nursing home partners.
- Begin data analysis.
- Quarterly progress reports submitted to ODM.

Third year:

- Same activities as second year but with the remaining 12 universities and 12 nursing home partners.
- Research manuscript on this project is submitted for publication and to ODM.
- Quarterly progress reports submitted to ODM.

3. Results Measurement

1. Assessment of medical/health sciences students' improvement in their attitudes toward people with dementia:

Students' change in knowledge about dementia and attitudes toward older adults will be assessed using the attached questionnaire (see Appendix C). Medical/health sciences students will have the option to complete the pre-test prior to their OMA training and the post-test after they experience OMA at the nursing home. Their pre- and post-test scores will be compared and these scores will also be compared with scores of a comparison group of students from each of the partnership schools who do not participate in the OMA program.

2. Assessment of OMA Facilitator Training:

Upon completion of the OMA Facilitator Training, nursing home staff will evaluate the training program (Appendix D). Although we have been doing this training multiple times since 2014 with excellent feedback from the trainees, adjustments will be made as needed, based on these evaluations.

3. Assessment of OMA program implementation:

Annual reports (Appendix E) will be completed by participating nursing homes and submitted online to Scripps Gerontology Center. The nursing homes will also be provided with pre-programmed tablets to upload 5-10-minute video(s) and 10-20 photos that show examples of all four components below. These photos and videos will be kept confidential and used for program review purposes only. Individualized feedback will be provided to each nursing home to ensure OMA program quality and fidelity.

Components of video submission for quality/fidelity assurance:

- a. OMA art session in action (pairs working together)
- b. 6-10 images of OMA art projects created by different people with dementia on different days. These images should show a variety of art projects completed.
- c. art show reception
- d. interviews with 2-3 medical/health sciences students

We will then analyze and summarize the above assessments and submit them to ODM at the end of every year.

4. Benefits to Nursing Home Residents

Residents participating in Opening Minds through Art receive individual attention from the medical/health sciences students during each art making session. The students will have completed an online training on person-centered communication skills prior to being paired with the residents. The students know how to allow ample time for the residents to make their own decisions, how to formulate questions and sustain conversations that will not overwhelm the residents, how to actively listen and look for cues in facial expressions, and how to be patient and kind toward the residents.

Several benefits occur as a result of these student-resident interactions. The elder has an opportunity to become a teacher and mentor to the students, thereby providing a meaningful and valuable contribution on the part of the elder. This role is often very empowering for the elder, especially when so many view them as “diminished” as a result of the disease. The art making session provides the elder an opportunity to express themselves creatively, to connect socially with someone from a younger generation, and to participate in a meaningful activity on a regular basis. Because creative activity taps a part of the brain that is less affected by dementia, the elders are able to complete the projects successfully, and feel accomplished and proud of their work. Our research has shown that during OMA, people with dementia showed greater social interest, engagement, and pleasure than in other traditional activities [3, 4].

A recent survey of 610 residents with dementia who participated in OMA at 48 different nursing homes shows a positive impact of OMA:

- All participating residents rated OMA highly, averaging 2.5 out of 3 on all items. They enjoyed the art projects and the socialization opportunity that OMA provides, felt that they were able to assert their autonomy, and thought that their time was well spent.
- As part of the pre- and post-session interviews, volunteer partners asked participating residents to indicate their mood by selecting from a series of faces depicting moods ranging from Unhappy (1) to Very Happy (5). Our data show that most residents reported feeling just above neutral before participating in OMA and became more than somewhat happy after participating in OMA.
- A sampling of 342 comments by residents who participated in the OMA art-making sessions were submitted and analyzed. The range of responses shows that the qualitative data support the quantitative evaluation by the residents. Most of the residents’ comments (92%) were related to enjoying the program, feeling proud of the artwork they created, being surprised by what they created, and valuing their friendship with their OMA volunteer partners.

While we address social isolation for the elders through the 1:1 ratio, we also help transform medical/health sciences students’ views of older adults in general, and people with dementia in particular. As a result of participating in OMA, volunteers come to understand the capabilities and creativity that people with dementia are still able to express. A more positive valuation of people with dementia by those around them *translates directly into a more empathetic interaction and more person-centered treatment of people with dementia.*

5. Non-Supplanting

Opening Minds through Art is a creative arts program that trains and brings students into the nursing home to work with people who have dementia. OMA supplements the facilities’ efforts to involve residents and volunteers in meaningful activities. The volunteers bring intergenerational friendship and joy to the nursing homes to enhance, but not supplant, the work of activity/resident life staff members.

6. Consumer and Other Stakeholder Involvement

- Key staff members (usually activity/resident life personnel) will be trained and given online support to conduct and evaluate OMA sessions on a weekly basis.
- Residents with dementia will receive meaningful creative expression opportunities on a weekly basis.

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- Residents without dementia and family members may assist with preparation of art materials and will be invited to the art shows.
- Communities at large will be invited to the art shows so that they may see the creative and expressive capacities of people living with dementia.

Lead artists:

Four lead artists will assist with studio preparation, development of activities for the training participants and help facilitate art-creation sessions during the various training sessions.

Videographer:

One videographer will work with Scripps OMA staff to continue to develop and edit the video-based online training course material. The videographer has expertise in online learning and is capable of creating excellent educational videos.

Student workers:

Student workers are needed to assist with the in-person training portion of the training and other administrative tasks. They will serve as general logistics assistants.

Fringe benefits:

Standard fringe benefits are included per Miami University regulation. The fringe benefit is calculated to reflect the percentage of effort. Full time employees' fringe benefits rates are 35.74% (10/2019-6/2020); 36.56% (7/2020-6/2021); 37.27% (7/2021-6/2022); 38.01% (7/2022-9/2022). For example, a full-time employee at 60% effort will be charged in year 1, 35.74% fringe on 60% of her salary, not on 100% of her salary.

Tablets:

One pre-programmed tablet will be provided to each nursing facility to record and submit video and photo data to Scripps Gerontology Center. These photos and videos will be kept confidential and used for program review purposes only. Individualized feedback will be provided to each nursing home to ensure OMA program quality and fidelity. The tablets will prevent the need for a Scripps Gerontology Center staff member to travel and observe OMA programs throughout the state, thereby reducing the cost of this project. Having these tablets will allow nursing facilities to submit visual data annually beyond the CMP grant period. In the past, we have tried to get this information by requesting nursing facility staff to upload video and photo data to our website using their smart phones. The technical challenges associated with this process were too varied and too numerous to resolve. Pre-programmed tablets will address this issue.

Art & Office supplies:

The supplies budget covers basic art supply kits for training participants that include items such as art paper, brush, sponge, watercolor paint, acrylic paint, permanent marker, pencil, etc., for each person to create artwork during the art sampler component of the training. The office supply budget covers binders, DVDs of training videos, paper, labels, tabs for binders and other office supplies.

Printing:

The printing budget includes the cost of producing four-color, 450-page bound OMA handbooks, containing information on OMA philosophies and methods, as well as step-by-step instructions for leading 20 OMA-tested art activities, OMA logo on flash drives containing the handbook, and printing of OMA aprons to be worn by nursing home staff members during OMA sessions for additional visual cue.

Printing charges breakdown:

Printing 25 handbooks, 450 pages each, color printed at \$0.05/page = \$562.50

Printing 25 OMA logo flash drives @ \$4.67 each = \$116.75

Printing 25 aprons @ \$12.50 each = \$312.50

The total printing costs for each year are \$991.75 and are rounded to \$1000 for purposes of estimation.

Registration for Training Reimbursement:

In the first CMP funding period for the OMA program (2016-19), we found that training registration costs prevented some nursing homes from adopting the OMA program. Coverage of these costs will help resolve this issue and will help cover expenses associated with the intellectual property development of this program. Because OMA is more time consuming to implement than the typical arts and crafts programming, we recommend that two staff members are trained at each facility.

Travel & lodging for OMA staff to conduct training:

OMA staff members will travel to conduct two training sessions each year of the grant within the state of Ohio for the convenience of nursing home staff members located far from the OMA home base in Oxford, Ohio. Each trip is 4 days (2 travel days and 2 training days) for 5 people. This item will cover OMA staff members' lodging and transportation to locations greater than 50 miles from Oxford, Ohio.

Travel breakdown:

Hotel (3 nights) @ \$143.53 per night = \$430.59 x 5 people = \$2,152.95

Per diem (4 days) @ \$49.75 per day = \$199 x 5 people = \$995

2 rental vehicles @ \$54 per day each = \$108 x 4 days = \$432

Parking @ \$5 per day for 2 vehicles x 4 days = \$40

Fuel \$65 per vehicle per trip x 2 vehicles = \$130

The total travel costs for each trip are \$3,749.95 and are rounded to \$3,750. At two trips per year, the total for travel each year is \$7,500

Art/studio start up for art supplies:

Participating nursing homes will receive funding to set up an art studio that goes beyond the typical art supplies found in most facilities. A list of necessary supplies will be provided to the trainees (See Appendix B). The sites will generate their own funds to cover the estimated \$300-\$500 annual cost of replenishing consumable art supplies in subsequent years.

IT Support and Development:

Earthling Interactive (EI), the selected IT company vetted by Miami University in the first CMP funding period for the OMA program, will continue to support OMA's distance learning needs and website maintenance. EI will continue to work with OMA staff to improve the training course based on feedback from trainees, host and maintain our website, trouble shoot online-learning technical issues, and update online training materials and resources.

IT Support breakdown:

\$125/hour for 83 hours/year = \$10,375; plus \$625/year for website hosting; total = \$11,000/year

Facilities and Administrative Costs (F&A) @ 10% requested, as limited by the Ohio Department of Medicaid.

8. Involved Organizations

The universities in Ohio below have agreed to partner with Scripps Gerontology Center on this project:

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1. Scripps Gerontology Center, Miami University
2. Case Western Reserve School of Medicine
3. Miami University, Departments of Nursing
4. Ohio State University College of Medicine
5. Ohio University's Heritage College of Osteopathic Medicine (OUHCOM)
6. University of Cincinnati College of Medicine
7. University of Cincinnati, Department of Communication Sciences & Disorders
8. University of Toledo College of Medicine and Life Sciences

The nursing facilities below have agreed to host OMA and receive students from the above universities:

1. Cedar Village Retirement Community, Mason
2. Deupree Cottages, Cincinnati
3. Maple Knoll Village, Cincinnati
4. Mayfair Village Nursing Center, Columbus
5. Ohio Living Mount Pleasant, Monroe
6. Ohio Living Swan creek, Toledo
7. The Ursuline Center, Toledo

Additional universities and their neighboring nursing facilities have been identified and summarized in Appendix A. Appendix A also shows the selection process.

Scripps Gerontology Center will notify these universities and their neighboring nursing homes about this opportunity and that training and funding will be available to implement OMA. Interested universities and nursing homes will need to submit an application and be screened to determine the nursing facilities that qualify to receive funding. Participating universities and medical schools will not receive any of the CMP funding.

9. Contact Information

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List of Appendices

- Appendix A: Ohio Medical and Health Sciences Universities and Nursing Homes within 30-minute Drive
- Appendix B: Art Supply List
- Appendix C: Students' Learning Assessment
- Appendix D: OMA Facilitator Training Evaluation
- Appendix E: OMA Annual Report for Nursing Homes

APPENDIX A:
OHIO MEDICAL and HEALTH SCIENCES UNIVERSITIES AND NURSING HOMES WITHIN 30 min. DRIVE

Selection Process for Participating Universities and Their Neighboring Nursing Homes

1. Personal network for universities:

We contacted colleagues at other universities and former students who are currently enrolled in the fields of interest (medicine, nursing, occupational therapy and speech therapy). This search was nation-wide

2. Online search for universities:

We limited our online search to the state of Ohio in preparation for a grant proposal to be submitted to the Ohio Department of Medicaid. These were the data bases used to find Ohio universities:

- a. For medical school: For Osteopathic Medical Schools, we used the American Osteopathic Association's website (<https://osteopathic.org/about/affiliated-organizations/osteopathic-medical-schools/>) to identify schools in Ohio. Traditional MD-granting medical schools were identified using Ohio Department of Education database (<https://www.ohiohighered.org/students/prepare-for-college/graduate-and-professional-degree-programs/medical-programs>). All DO and MD schools in Ohio are included in the list.
- b. For occupational therapy: We used the Occupational Therapy, Physical Therapy and Athletic Trainers (OTPTAT) Board's website. OTPTAT Board is responsible for the regulation of the practice of occupational therapy in the State of Ohio (<https://www.otptat.ohio.gov/OT-Programs>). All accredited 4-year universities offering occupational therapy degrees are included on the list.
- c. For speech therapy: The American Speech-Language-Hearing Association's "EdFind" database (<https://www.asha.org/edfind/>) was used to identify programs in the state of Ohio. All universities in Ohio offering speech therapy program are included in the list.
- d. For nursing: We used the Ohio Board of Nursing (http://www.nursing.ohio.gov/PDFS/Education/RN_Program_List.pdf) list of accredited nursing programs in Ohio. We narrowed down the list by including only four-year universities offering BSN (and excluded associate's degree programs and stand-alone nursing schools). We also prioritized universities that have multiple specializations of interest for this study in order to streamline our communication and recruiting efforts.

3. Online search for nursing homes:

We used Ohio's Long-term Care Consumer Guide to identify nursing homes within 30-minute drive from the above universities (<https://www.ltc.ohio.gov/NursingHomes.aspx>). By inserting the university's zip code in the search function and limiting it to a radius of 17 miles, we identified a list of nursing homes for each university. Using Google map, we double checked the time it takes to drive from the university to the nursing home. If this results in greater than 30 minutes, the nursing home was eliminated from the list.

Results

Medical schools in Ohio and the number of nursing homes (NH) within 30 min. drive from the schools

Medical Schools in Ohio	No. NH w/in 30 min.
1. Boonshoft School of Medicine at Wright State University - 3640 Colonel Glenn Hwy., Dayton, OH 45435	42
2. Case Western Reserve University School of Medicine - 2109 Adelbert Rd., Cleveland, OH 44106	58
3. Cleveland Clinic Lerner College of Medicine - 9980 Carnegie Ave., Cleveland, OH 44106	58
4. Northeast Ohio Medical University - 4209 OH-44, Rootstown, OH 44272	26
5. The Ohio State University College of Medicine - 370 W. 9th Ave., Columbus, OH 43210	61
6. University of Cincinnati College of Medicine - 3230 Eden Ave., Cincinnati, OH 45267	81
7. The University of Toledo Health Science Campus - 3000 Arlington Ave., Toledo, OH 43614	47
8. Ohio University Heritage College of Osteopathic Medicine - 35 W. Green Dr., Athens, OH 45701	5
9. Ohio University Heritage College of Osteopathic Medicine - 6795 Bobcat Way, Dublin, OH 43016	39
10. Ohio University Heritage College of Osteopathic Medicine - 4180 Warrensville Center Rd., Warrensville Heights, OH 44122	61

BSN Nursing programs in Ohio and the number of nursing homes (NH) within 30 min. drive from the schools

BSN Programs in Ohio	No. NH w/in 30 min.
1. Baldwin Wallace- 275 Eastland Rd., Berea, OH 44017	62
2. Bowling Green State University- Ridge St., Bowling Green, OH 43403	18
3. Case Western Reserve University- 2120 Cornell Rd., Cleveland, OH 44106	58
4. Cleveland State University- 2121 Euclid Ave., Cleveland, OH	64
5. Kent State University- 1375 University Esplanade, Kent, OH 44242	22
6. Miami University- 501 E. High Street, Oxford, OH 45056	10
7. Ohio State University- 1585 Neil Ave., Columbus, OH 43210	61
8. Ohio University - 53 Richland Ave., Athens, OH 45701	5
9. University of Akron- 208 Carroll St., Akron, OH 44325	37
10. University of Toledo- 3000 Arlington Ave., Toledo, OH 43614	41

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11. Xavier University- 3800 Victory Pkwy., Cincinnati, OH 45207	79
12. Youngstown State University- 1 University Plaza, Youngstown, OH 44555	36
13. University of Findlay- 1000 N Main St., Findlay, OH 45840	7
14. Ohio Northern University- 525 S. Main St., Ada, OH 45810	9
15. Capital University- 1 College and Main, Columbus, OH 43209	61
16. Lourdes University- 6832 Convent Blvd., Sylvania, OH 43560	41

Occupational Therapy programs in Ohio and the number of nursing homes (NH) within 30 min. drive from the schools

OT programs in Ohio	No. NH w/in 30 min.
1. Cleveland State University – 2121 Euclid Ave., Cleveland, OH 44106	64
2. Kettering College- 3737 Southern Blvd., Kettering, OH 45429	47
3. Ohio State University- 453 W. 10th Ave., Columbus, OH 43210	61
4. Shawnee State University- 940 Second St., Portsmouth, OH 45662	9
5. University of Findlay- 1000 N. Main St., Findlay, OH 45840	7
6. Xavier University- 3800 Victory Pkwy., Cincinnati, OH 45207	79
7. University of Toledo- 3000 Arlington Ave., Toledo, OH 43614	47

Speech Therapy programs in Ohio and the number of nursing homes (NH) within 30 min. drive from the schools

Speech Pathology programs in Ohio	No. NH w/in 30 min.
1. Baldwin Wallace University- 285 Front St., Berea, OH 44017	62
2. Bowling Green State University University- Green State University, Ridge St., Bowling Green, OH 43403	18
3. Case Western Reserve University – 2122 Euclid Ave., Cleveland, OH 44106	58
4. Cleveland State University – 11635 Euclid Ave., Cleveland, OH 44106	64
5. Kent State University- 1325 Theatre Dr., Kent, OH 44242	22
6. Miami University- 501 E. High Street., Oxford, OH 45056	10
7. Ohio State University- 1070 Carmack Rd., Columbus, OH 43210	59
8. Ohio University- 53 Richland Ave., Athens, OH 45701	5
9. University of Akron- 225 S. Main St., Akron, OH 44325	37
10. University of Cincinnati- 3202 Eden Ave., Cincinnati, OH 45267	80
11. University of Toledo- 3148 Central Ave., Toledo, OH 43606	41

Appendix B: Art Supply List**Complete Supply List to Set up an Art Studio**

The supplies and quantities below are for a group of twelve artists and are enough to do at least one year of activities from the OMA Handbook. Costs of items were estimated in January 2018.

Basic Supplies: Supplies that will be used during every session by the participants and volunteers.

Supply	Quantity	Source	Price Total
<i>Name Tags</i>	250 3X4 in index cards, 50 plastic name badges	Staples.com	\$48.74
<i>Pencils (No. 2)</i>	3 Dozen	Staples.com	\$6.87
<i>Permanent Markers</i>	24	Walmart	\$15.54
<i>Post-It Notes</i>	12 pads	Staples.com	\$17.99
<i>Aprons</i>	Pack of 3 x 10	Hobby Lobby	\$99.90
<i>Table Cloths</i>	6	Walmart	\$59.04
<i>Hand Wipes</i>	6 Packages	Walmart	\$14.82
<i>Hand Sanitizer</i>	2 Bottles	Walmart	\$3.92
<i>Paper Towels</i>	8 Rolls	Staples.com	\$12.99
<i>Stools (Volunteers)</i>	12 (OPTIONAL)	IKEA	\$59.88
<i>Drying Rack</i>	1	Asw.com or jerrrysartarama.com	\$169.00
SUBTOTAL			\$508.69

Work Surfaces: Boards/surfaces for the participants to work on if the tabletop surface is not sufficient.

Supply	Quantity	Source	Price Total
<i>Dining Trays (Plastic or Styrofoam)</i>	24 (10X14 inches)	Hubert.com	\$52.19
<i>Clipboard</i>	2	Staples.com	\$5.30
SUBTOTAL			\$57.49

Paints/Inks: The various types of paint and ink needed for OMA projects.

Supply	Colors	Quantity	Source	Price Total
<i>Prang Watercolor</i>	Yellow	24	DickBlick.com	\$38.80
	Magenta	24		
	Turquoise	24		
	Blue	24		
<i>Acrylic Paint</i>	Assorted Colors	2 sets of 10 colors	Hobby Lobby/Walmart	\$48.56
<i>Metallic Acrylic Paint</i>	Gold	2	Hobby Lobby	\$13.88
	Copper	2		

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<i>Speedball Water-Soluble Ink</i>	Blue Black Red Yellow	1 1 1 1	DickBlick.com	\$56.40
<i>Glitter Tempera Paint</i>	Blue Violet Red Gold Green Silver	1 1 1 1 1 1	Hobby Lobby	\$33.00
Subtotal				\$190.64

Paper Supplies: Various Papers that are needed for OMA projects.

Supply	Quantity	Source	Price Total
<i>Watercolor Paper (9x12): Canson (Item # 10081- 1023)</i>	500 Sheets	DickBlick.com	\$74.87
<i>Drawing Paper (9X12)</i>	1 ream (500 sheets)	DickBlick.com	\$4.10
<i>Tissue Paper (White, 20X30)</i>	2 Packs of 24 sheets	DickBlick.com	\$4.48
<i>Bleeding Tissue Paper assorted colors (20X30)</i>	1 Pack of 100 sheets	DickBlick.com	\$10.99
<i>Acrylic paper (9X12)</i>	2 pads	Asw.com	\$10.30
<i>Copy/Scrap Paper</i>	Approx. 300 Sheets	Free – ask office	
<i>Mats (9x12; 10x14; and 12x16)</i>	10 each for show- and-tell mats	Asw.com	\$66.37
<i>Mat Board (scraps)</i>	lots	Free – ask frame shops	
<i>Wax Paper</i>	1 Roll	Walmart/Kroger	\$5.46
<i>Aluminum Foil- HEAVY DUTY</i>	2 Rolls	Walmart/Kroger	\$5.96
<i>Freezer Paper (for cloth projects)</i>	1 roll	Walmart/Kroger	\$6.17
<i>Rice Paper (wafer paper)</i>	1 pack 100 sheets	Sugarcraft.com	\$19.95
<i>Watercolor Cards</i>	1 box of 100 cards	DickBlick.com	\$33.49
SUBTOTAL			\$242.14

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Assorted Supplies/Tools: Tools and supplies that are needed for certain OMA projects.

<i>Supply</i>	<i>Quantity</i>	<i>Source</i>	<i>Price Total</i>
<i>Stencils ("Child's First Stencils")</i>	15 (assorted shapes)	DickBlick.com	\$14.99
<i>Fabric Squares (12x12)</i>	2-3 yards	Hobby Lobby or other fabric stores	\$27.00
<i>Wooden Dowels (1 in across X 1 ft)</i>	16 (1 dowel is 4ft., need 4 dowels)	Ace or other hardware stores	\$16.00
<i>Plexiglass Plates (9X12, thinnest)</i>	16	Ace or other hardware stores	\$46.24
<i>Glitter (Fine, Assorted Colors)</i>	6 Bottles	Any craft store	\$4.99
<i>Kosher Salt</i>	1 Box	Kroger	\$3.98
<i>Yarn (Assorted Thickness)</i>	1 Roll each of medium & thick yarn	Any craft store	\$11.98
<i>Variety of Texture Materials (bubble wrap, netting)</i>	Large Assortment	Free – collect from household wrapping	
<i>Paper Cutter</i>	1	Asw.com or jerrrysartarama.com	\$70.32
<i>Boards for Flattening Finished Work (3/8 in. thick, 2 pieces of 2X4 feet, BC grade)</i>	1 Set of 2X4 feet	Hardware store	\$12.00
<i>Scissors (Fiskars soft grip)</i>	8 Pairs	DickBlick.com	\$26.32
<i>Sea salt</i>	1 container	Any Grocery Store	\$2.12
<i>ZipLock Bags Quart Gallon</i>	3 Large Boxes 2 Large Boxes	Walmart/Kroger	\$19.90
<i>Scrub Brush</i>	2	Walmart/Kroger	\$7.68
<i>Cleaning Sponge</i>	2	Walmart/Kroger	\$3.93
<i>Cleaning Detergent</i>	2 Bottles	Walmart/Kroger	\$4.96
SUBTOTAL			\$272.41

Brushes/Painting Sponges: Various artist-grade brushes, sponges, and brayers needed for application of paints, glues, and inks.

<i>Supply</i>	<i>Quantity</i>	<i>Source</i>	<i>Price Total</i>
<i>Bamboo Brushes: Winsor & Newton, size #4 (item #05886-1004)</i>	15	DickBlick.com	\$48.60
<i>Sponge Brushes</i>	24		\$12.48

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<i>Acrylic Brushes: Royal Soft Grip Golden Taklon Brush sets: flats and rounds</i>	2 sets each	DickBlick.com	\$58.00
<i>Foam Brayers</i>	15	Unitednow.com	\$18.75
<i>Make-up Sponges</i>	1-2 packs	Walmart/Kroger	\$11.96
<i>Natural sponges value set (Item #46976)</i>	1 pack	Jerrysartarama.com	\$14.85
SUBTOTAL			\$164.64

Scraping Tools: Tools that can be used to scrape paint, crayon, ink off of paper or Plexiglas surfaces.

Supply	Quantity	Source	Price Total
<i>Q-Tips</i>	1 Box of 500	Walmart/Kroger	\$3.28
<i>Popsicle Sticks</i>	24	Free – ask Starbucks	
<i>Plastic Forks</i>	24	Walmart/Kroger	\$2.84
<i>Gift/Credit Card</i>	24	Free – ask stores	
<i>Wooden Dowel – pencil size, sharpened (1/4 in. across X 1 ft.)</i>	16 pieces (1 dowel is 4 ft, need 4 dowels)	Hardware store	\$4.00
SUBTOTAL			\$10.12

Glues/Tape: Glue and tape needed for projects, hanging posters, and preparing project materials for the participants.

Supply	Quantity	Source	Price Total
<i>Elmer's School Glue</i>	1 128 oz. Bottle	DickBlick.com	\$11.75
<i>Mod Podge Glue Glossy Finish</i>	1 quart	DickBlick.com	\$11.05
<i>Masking Tape</i>	4 Rolls	Hardware store	\$3.99
<i>Hot Glue Gun</i>	1	Hobby Lobby/Walmart	\$3.99
<i>Removable Glue Dots</i>	1 Package	Hobby Lobby	\$4.99
SUBTOTAL			\$35.77

Containers: Containers that will be needed for holding water, paint, finished work, dirty utensils.

Supply	Quantity	Source	Price Total
<i>Plastic Tray Palettes (Item # 03086- 1009)</i>	15	DickBlick.com	\$19.35
<i>Water Containers: Zip</i>	4 sets of 3	Kroger	\$7.71

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<i>Lock/Tupperware (sets of 3)</i>			
<i>Paint Cups</i>	lots	United Artist & Education (Unitednow.com) or Recycled apple sauce plastic containers	\$5.49
<i>Spray Bottles (water)</i>	15	Target/Kroger/Walmart	\$14.55
<i>1 Ounce Bottles (for dispensing glitter)</i>	12	J. R. Green	\$5.00
<i>SUBTOTAL</i>			\$52.10

Storage & Transportation of supplies: Storage system for supplies and for transporting supplies to sites on a weekly basis.

<i>Supply</i>	<i>Quantity</i>	<i>Source</i>	<i>Price Total</i>
<i>Sterlite 3-drawer narrow tower (set of 3)</i>	1	Walmart.com	\$32.94
<i>Wheeling cart (Austin)</i>	2	Staples.com	\$44.98
<i>Sterlite 7-drawer cart (set of 2)</i>	1	Walmart.com	\$96.95
<i>3-drawer set wide (for storing finished work)</i>	2	Walmart.com	\$34.88
<i>SUBTOTAL</i>			\$209.75

ESTIMATED TOTAL COST OF INVENTORY= \$ 1,743.75 + Estimated shipping and handling of 15% = \$1,743.75 + \$ 261.56 = **\$2,005.31 or roughly \$2,000.**

Appendix C: Students' Learning Assessment

OMA QUESTIONNAIRE

PRE-TEST:

The purpose of this research is to compare volunteers' attitudes toward individuals with dementia before and after participating in the Opening Minds through Art (OMA) program. This pre-test will take you approximately **5-10 minutes to complete**. Your participation in this research is entirely voluntary. Your instructor will not know if you participate in this research, and your participation (or lack of participation) will not affect your grade in this course in any way. Participation in this research consists of you filling out a questionnaire now, and one again after your OMA in-person experience. After your OMA in-person experience, you will have the opportunity to write a one-page essay to reflect on the impact of your OMA experience on your education and future profession. Completion of this questionnaire will constitute your consent to participate in the research. If you have questions about your rights as a research participant, please contact Miami University's Office for the Advancement of Research and Scholarship at 513.529.3600. If you have specific questions about this research, please contact Dr. Elizabeth "Like" Lokon (513.529.2648).

1. ID: Please create an ID by writing the following information in lower case letters with no spaces:
First name, First letter of last name, two digits of birth date, two digits of birth month (e.g. johnd2306)
2. Today's date: _____
3. Your university: _____
4. Your program/major: _____
5. Please list all medical school clubs/interest groups to which you belong: _____

6. Year in your program: 1st 2nd 3rd 4th other (explain: _____)
7. Gender: Male Female Other
8. Age: _____
9. Race: White Hispanic African American Asian Native American Other
10. Have you ever known or worked with someone who has dementia? yes no

POST-TEST:

This post-test will take you approximately **5-10 minutes to complete**.

1. ID: Please create an ID by writing the following information in lower case letters with no spaces:
First name, First letter of last name, two digits of birth date, two digits of birth month (e.g. johnd2306)
2. Today's date: _____
3. Your university: _____
4. Your program/major: _____
5. OMA site: _____ (Write "n/a" if you did not participate in OMA)

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6. The number of times you did OMA: 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, more than 10. (Mark "0" if you did not participate in OMA.)

PRE-TEST AND POST-TEST:

DIRECTIONS:

Please use the scale to indicate the degree to which you agree or disagree with each statement. There are no right or wrong answers. The best response is the one that truly reflects your personal opinion. "Old people" and "elderly patients" mentioned in the questions refer to persons aged 65 or older.

1. It is rewarding to work with people who have dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

2. I am afraid of people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

3. People with dementia can be creative.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

4. I feel confident around people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

5. I am comfortable touching people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

6. I feel uncomfortable being around people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

7. Every person with dementia has different needs.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

8. I am not very familiar with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

9. I would avoid an agitated person with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

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10. People with dementia like having familiar things nearby.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

11. It is important to know the past history of people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

12. It is possible to enjoy interacting with people with ADRD.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

13. I feel relaxed around people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

14. People with dementia can enjoy life.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

15. People with dementia can feel when others are kind to them.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

16. I feel frustrated because I do not know how to help people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

17. I cannot imagine taking care of someone with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

18. I admire the coping skills of people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

19. We can do a lot now to improve the lives of people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

20. Difficult behaviors may be a form of communication for people with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

21. In general, I have positive attitudes about individuals with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

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- | | | | | | | | |
|---|---------------------------|---------------|---------------------------|--------------|------------------------|------------|------------------------|
| 22. I respect individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 23. I like individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 24. I feel positively toward individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 25. I am at ease around individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 26. I am comfortable when I hang out with individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 27. I feel like I can be myself around individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 28. I feel a sense of belonging with individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 29. I feel a kinship with individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 30. I am truly interested in understanding the points of view of individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 31. I am motivated to get to know individuals with dementia better. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |
| 32. To enrich my life, I would try and make more friends who are individuals with dementia. | 1
Strongly
Disagree | 2
Disagree | 3
Slightly
Disagree | 4
Neutral | 5
Slightly
Agree | 6
Agree | 7
Strongly
Agree |

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33. I am interested in hearing about the experiences of individuals with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

34. I am impressed by individuals with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

35. I feel inspired by individuals with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

36. I am enthusiastic about individuals with dementia.

1	2	3	4	5	6	7
Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree

Strongly Disagree	Slightly Disagree	Neutral	Slightly Agree	Strongly Agree
-------------------	-------------------	---------	----------------	----------------

37. Most old people are pleasant to be with.

1	2	3	4	5
---	---	---	---	---

38. The federal government should reallocate money from Medicare to research on cancer or pediatric diseases.

1	2	3	4	5
---	---	---	---	---

39. If I have the choice, I would rather take care of younger people than elderly ones.

1	2	3	4	5
---	---	---	---	---

40. It is society's responsibility to provide care for its elderly persons.

1	2	3	4	5
---	---	---	---	---

41. Medical care for old people uses up too much human and material resources.

1	2	3	4	5
---	---	---	---	---

42. As people grow older, they become less organized and more confused.

1	2	3	4	5
---	---	---	---	---

43. Elderly patients are more appreciative of the care they receive than are younger ones.

1	2	3	4	5
---	---	---	---	---

44. I think taking a medical history from elderly patients is frequently an ordeal.

1	2	3	4	5
---	---	---	---	---

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45. I tend to have more sympathy towards elderly patients than younger ones.	1	2	3	4	5
46. Old people in general do not contribute much to society.	1	2	3	4	5
47. Treatment of chronically ill old patients is hopeless.	1	2	3	4	5
48. Old persons don't contribute their fair share towards paying for their health care.	1	2	3	4	5
49. In general, old people act too slow for modern society.	1	2	3	4	5
50. It is interesting listening to old people's accounts of their past experiences.	1	2	3	4	5

STOP HERE IF YOU DID NOT PARTICIPATE IN OMA. IF YOU DID OMA, PLEASE CONTINUE.

DIRECTIONS: Question 51 is required. Please complete this reflection essay *within two weeks* after you have completed your last session working with someone who has dementia in OMA. Please **submit this essay to your instructors/coordinators**. The remaining questions 52-53 are optional. If you are willing to spend 5 more minutes, your responses to Questions 52-53 will help us improve the OMA experience for future students.

51. Please write a one-page reflection about your thoughts on communicating and working with a person with dementia after your OMA experience. Please include your expectations for how this experience will impact your work as a medical student/physician/healthcare professional. Please **submit this essay to your instructors/coordinators**.

52. Please comment on the **online training experience**. What aspects of the online training did you enjoy and what made the most lasting impact on you? What improvement of the training experience would you recommend for future cohorts of students?

53. Please comment on the **in-person OMA experience**. What aspects of the experience did you enjoy and how would you recommend improvement of the in-person experience for future cohorts of students?

Appendix D: OMA Facilitator Training Evaluation

OMA Facilitator Training Evaluation

Today's date: _____ Name (optional): _____

If requesting CEUs, circle one: CSWMFT, NCCAP, NCCDP, BELTSS, OLN

Your position (Circle one):

Activity Staff/ Nursing Staff/ Administrator/ Social Worker/ Artist/ Educator/
 Other: _____

1. As a result of this training, I feel more competent in my ability to design, implement, and evaluate meaningful art activities for people with dementia.	Strongly disagree 1 2 3 4 Strongly agree 5
2. I improved my ability to apply person-centered care philosophy in an art setting.	Strongly disagree 1 2 3 4 Strongly agree 5
3. The trainers explained things clearly.	Strongly disagree 1 2 3 4 Strongly agree 5
4. The art-making activities and discussions were helpful in my learning process.	Strongly disagree 1 2 3 4 Strongly agree 5
5. Please comment on the length and pacing of the training session.	Length: Pacing:
6. Overall, how would you rate this training session?	Very Poor 1 2 3 4 Excellent 5
7. How likely are you to recommend this training to colleagues?	Very Unlikely 1 2 3 4 Very Likely 5

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8. How likely are you to start an OMA program at your site or in your practice as a result of attending this training?	<table style="width: 100%; border: none;"> <tr> <td style="text-align: center;">Very Unlikely</td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center;">Very Likely</td> </tr> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td></td> </tr> </table>	Very Unlikely					Very Likely	1	2	3	4	5	
Very Unlikely					Very Likely								
1	2	3	4	5									
Please explain your response to question 8:													
9. If you plan to implement an OMA program at your site, please indicate the approximate number of people with dementia that would be served by this program per year:	Number: _____												
10. If you do not intend to implement a full OMA program, how likely are you to apply OMA methods and philosophies at your site?	<table style="width: 100%; border: none;"> <tr> <td style="text-align: center;">Very Unlikely</td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center;">Very Likely</td> </tr> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td></td> </tr> </table>	Very Unlikely					Very Likely	1	2	3	4	5	
Very Unlikely					Very Likely								
1	2	3	4	5									
Please explain your response to question 10:													
How did you hear about OMA Facilitator Training?													

The most important things you learned in this training:

The strengths of this training:

Suggestions for improvements:

Appendix E: OMA Annual Report for Nursing Homes

Today's date: _____ Name of site: _____

Name of reporter: _____ Web site: _____

Email: _____ Tel./Fax.: _____

Date of training completion: _____

Are you a Green/Small House? Yes/No

Are you a QIP grant recipient? Yes/No

1. Have you had OMA sessions at your facility in the last 12 months?
2. If no, please explain why you are not currently offering OMA to your residents and go directly to question 10.
3. If yes, how often do you conduct OMA programs per week?
 - a. Once a month
 - b. Once a week
 - c. Twice a week
 - d. More often than twice a week
 - e. Other (please elaborate) _____
4. How many weeks does your program last (per session)? _____
5. How many pairs of residents and volunteers do you serve/week? _____
6. Which group primarily serves as your volunteers?
 - a. High School students
 - b. College students
 - c. Community Volunteers
 - d. Family members
 - e. Other (please describe): _____
7. How did you train your volunteers?
 - a. We provided verbal instruction to the volunteers.
 - b. We used the online videos provided for training.
 - c. We used the online videos and supplemental material (please describe).

8. Are you conducting regular assessments of the OMA program? Yes / No
9. If yes, please report the averages from the "Artist Feedback Form" (3=very much; 1=not at all). Include only evaluations completed for this semi-annual reporting period. If no, please explain why not.
 - 9a. Please provide at least 3 quotes from OMA volunteers.

9b. Please provide at least 3 quotes from people with dementia in the OMA program.

10. Are you using OMA on-line resources? If yes, please explain which online resource is most useful to you.

11. What challenges are you currently facing with regard to OMA implementation?

12. How do you plan to address these challenges?

13. What additional support would you like to receive from OMA at Scripps Gerontology Center?

14. Please upload your 5-minute video(s) and/or 10-20 photos that show examples of all four components below:

- OMA art session in action (pairs working together)
- 6-10 images of OMA art projects created by different people with dementia on different days. These images should show a variety of art projects completed.
- Art show reception
- Interviews with 2-3 volunteers, if submitting a video. If submitting photos, this can be done by including quotes from the art show.

Video footage should be about 5 minutes long in total. The video(s) do not need to be professionally made - recording with a phone is adequate. You may upload up to 10 separate clips, but if possible, we prefer submissions to be in a single video. You may use whatever video editing software you like. If you don't know what to use, you can download the free Adobe Premiere app from the app store/play to record and edit a video on your smartphone. [Click here for a video tutorial](#) on using Adobe Premiere.

Photos/videos submitted will be used for reviewing purposes only by Scripps OMA staff. They will not be made public.