



OHIO NURSING HOME QUALITY IMPROVEMENT PROJECT

Music & Memory – Phase II Report

1st Project Quarter (CY2015 Quarter 4)

In the first quarter of the project, the initiative to launch Phase II of the project focused on back-office tasks necessary to expand the Music & Memory project to an additional 150 nursing homes and provide support and supplies for the homes as they enrolled.

MAJOR ACTIVITIES AND ACCOMPLISHMENTS

Upon approval of the project expansion proposal on September 18, 2015, the Ohio Department of Aging focused activities in the following areas:

Grant Agreements Grant agreements between the Ohio Department of Aging and eleven* regional ombudsman programs were initiated by September 28, 2015. The grant agreements and accompanying notice are attached.

Equipment procurement & distribution The Ohio Department of Aging initiated procurement of facility starter kits for Music & Memory. Delivery of equipment began soon afterward. Kits are assembled as needed for distribution to homes once their certification as Music & Memory providers is confirmed.

Facility invitations Project materials were revised and updated to reflect Phase II of the project. Invitations to all Medicaid-certified nursing homes not already participating in Music & Memory were sent November 18, 2015.

Facility education and mentoring The Department has arranged for three project webinars. Webinars are required for project participants and free to any other nursing home or individual interested in Music & Memory and available via recording for future participants or those who were unable to participate.

MEASUREMENT

Twenty nursing homes joined Phase II of the Music & Memory Quality Improvement Project in the first quarter of the project (Qtr 4 of CY2015).

The Ohio Department of Aging will utilize a three-quarter average of facilities' performance over time in the categories of antipsychotic medication use by long-stay residents, residents reporting pain and

residents reporting depression as reported to CMS. To establish baseline, Quarter 4 of CY 2014 – Quarter 2 of CY 2015 is reported below.

	Percent of Long Stay Residents Who Received an Antipsychotic Medication 3 Qtr Avg (Q4 2014-Q2 2015)	Percent of Long Stay Residents Who Self Report Moderate to Severe Pain 3 Qtr Avg (Q4 2014-Q2 2015)	Percent of Long Stay Residents Who Have Depressive Symptoms 3 Qtr Avg (Q4 2014-Q2 2015)	N=
1. Project Participants Phase I	21.57%	7.46%	12.71%	351
2. Project Participants Phase II	21.44%	8.22%	19.58%	20
3. Music & Memory, non-project participants	17.23%	7.87%	8.52%	38
4. Non-Participants	21.29%	7.75%	13.05%	549

Though results are impossible to establish at this point, the Ohio Dept. of Aging finds it encouraging that facilities with higher than average scores in each of these measurement categories have joined the project.

To date, the regional long-term care ombudsmen have conducted 567 initial resident surveys and 213 initial family surveys to establish baselines for Phases I and II. Of note:

Family Survey

- 18% of family members report that they do not enjoy visiting their loved one. Many reported unhappiness at their loved ones' current conditions, their sadness at the loss of their loved ones' former self and poor quality of life;
- 98.5% of family members reported that their loved one enjoyed music and almost 87% reported that music played an important part in their loved one's life;
- Just over half of family members were aware of Music & Memory at baseline; and
- 93.5% of family members were willing to participate in creating their loved ones' personalized playlist.

Resident Survey

- Only 60% of resident reported participating in existing facility activities; others cited not liking the offered activities, being unable to participate or not being invited to participate;
- 45.8% of resident reported feeling depressed and 23.3% said that staff did not know how to assist them when they were depressed;
- 96.8% of residents like listening to music and more than 73% indicate that music played an important part of their lives;
- More than 66% said they would prefer more personalized music opportunities in the home;
- Only 16.6% of resident were aware of Music & Memory at baseline;

SPENDING

Grant agreements: \$146,360* distributed by formula:

PSA	Sub-grantee	Award
PSA 1	Pro-Seniors, Inc.	23,107.00
PSA 2	Joint Office of Citizen Complaints	12,530.00
PSA 3	Area Agency on Aging 3*	10,140.00
PSA 4	ABLE	13,212.00
PSA 5	Ohio District 5 Area Agency on Aging, Inc.	13,895.00
PSA 6	Easter Seals of Central & Southeast Ohio	15,259.00
PSA 7	Area Agency on Aging District 7, Inc.	10,142.00
PSA 8	Area Agency on Aging 8	6,730.00
PSA 9	Direction Home Akron Canton Area Agency on Aging	7,412.00
PSA 10A	Long-Term Care Ombudsman Program	19,013.00
PSA 10B	Direction Home Akron Canton Area Agency on Aging	12,189.00
PSA 11	Area Agency on Aging 11, Inc.	12,871.00
Total		156,500.00

Equipment: \$55,014

Contact

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*Region 3 ombudsman work is currently being managed by the State Long-Term Care Ombudsman's Office. The grant agreement for those counties will be initiated in the next two months when a new sponsoring agency is selected through an RFP process.