

**Reducing the Use of Antipsychotics  
in NWO Skilled Nursing Facilities  
Fourth Quarter Progress Report to the Ohio Department of Medicaid**  
Timeframe: October 1, 2017 through December 31, 2017

The fourth quarter was the first opportunity for both facility staff along with consultants to begin to set a rhythm for the success of the project. During this time period the following activities occurred:

- A. Realizing that some participants in the project would leave the project due to resignations and/or reassignments, we had planned and then offered the Replacement Class in October. It provided the same initial educational components to these participants that were provided to the original group of participants in the first quarter. Because these individuals had been watching the project's progress at their respective facilities, they were very eager and excited to be a part of it. They have been able to quickly and easily become a very active part of their facility's project team. They did indeed hit the ground running.
- B. These individuals as well as the other participants continue to utilize the technical assistance from Barbara Brock as they learn to administer and score the Reality Comprehension Clock Test (RCCT).
- C. The onsite consultants continue to work with the facility staff as they review and revise their implementation plan for the project components. It is rewarding to see each facility make the project their own as they select the sequencing of the addition of the more than eleven non-pharmacological behavior management interventions they have available to them. This flexibility in time and task selections is the benefit of this three-year plan.
- D. During the 4th Quarter the Memory Care Consultants have presented in excess of 25 formal staff education sessions and many one on one and small group sessions as facilities request assistance. They also continue to make facility visits as well as working with the participants on the phone and via emails to address specific questions.
- E. After working with the facilities for ten(10) months, a feeling of trust of the consultants is solidifying. It was hard for them to believe that the consultants were truly visiting and calling and emailing with the sole purpose of helping them be successful. Due to the high level of scrutiny they feel from visitors, governmental as well as family members, trusting the consultants and seeing them as a benefit took time. With the heightened trust, the future looks bright indeed.

The grid on page 3 shows the project progress as of the completion of the 4th quarter. The data is reflective of data submitted by 37 facilities. As we look at that data we are very pleased with the progress.

1. Looking at facility involvement in specific components reveals percentages that are indicative of impact. Components that have been addressed by more than 50% of the facilities include:

- Informing and involving the facility's medical director
- Announcing the project to their community
- Educating the entire staff about the project
- Educating and involving families
- Utilizing the question of the week

2. The component that is right on the edge of 50% is the creation and use of the chatter bags.

3. The one component that is very low and will remain low is the issue of policy creation. Facilities that did not have a policy on memory assessment and person centered intervention selection have created and implemented a policy. However we found that the majority of facilities already have a policy concerning assessments and intervention selection. The management in these facilities believes that inclusion of the RCCT assessment and the process for selection of person centered interventions for management of challenging behaviors is addressed in their current policy. We do not expect any increase in this percentage over the remainder of the project.

4. The remainder of statistics shared on the grid on page 3 show a consistent increase in resident involvement in the project. Each of these components are directed at increasing resident feelings of usefulness and success while reducing feelings that lead to challenging behaviors.

5. A focus for 2018 will be assisting admission staff to question the presence of antipsychotic medication orders prior to admission. If the resident has been on that medication for just a couple of days, the possibility of not bringing that order forward exists. There has already been an increase in admissions who had an antipsychotic medication for a short time span supporting the possibility of not bringing that order forward. At this point approximately 6% of the admissions resulted in not bringing the antipsychotic medication order forward with no negative impact whatsoever.

6. The plan is to encourage a higher level of inclusion of components such as photo books and the "I Was Thinking" conversation starter during 2018.

The resident and family stories that have been shared demonstrate the value of knowing the resident as a person coupled with knowing their CFA. One of the rewarding stories from the 4th quarter showed the value of all staff involvement when a beautician used the conversation starter information and was able to complete all of her work with the resident's hair with the usual combative behaviors replaced by laughing and reminiscing! There are many of these stories which continue to make this project valuable.

MASTER AGGREGATE DATA FILE 4TH QTR 2017

<b>COMPONENTS-ALL FACILITIES INVOLVEMENT</b>	<b>37 FAC</b>
<b>FACILITY MED DIRECTOR INFORMED AND SUPPORTIVE - OF ALL FACILITIES</b>	97%
<b>PROJECT ANNOUNCEMENT COMPLETED &amp; SHARED - OF ALL FACILITIES</b>	62%
<b>POLICY CREATED - OF ALL FACILITIES</b>	20%
<b>STAFF EDUCATION - OF ALL FACILITIES</b>	67.6%
<b>FAMILY EDUCATION - OF ALL FACILITIES</b>	65%
<b>CHATTER BAGS - OF ALL FACILITIES</b>	45.9%
<b>QUESTION OF THE WEEK - OF ALL FACILITIES</b>	51%
<b>RESIDENTS IN PROJECT 4/1/17 TO PRESENT</b>	374
<b>RCCT ASSESSMENT COMPLETED AND SHARED 4/1/17 TO PRESENT</b>	480
<b>"I WAS THINKING" BOOK COMPLETED 4/1/17 TO PRESENT</b>	104
<b>ADMISSIONS WITHOUT ANTIPSYCHOTIC 4/1/17 TO PRESENT</b>	347
<b>ADMISSIONS WITH ANTIPSYCHOTIC ORDER BUT DROPPED 4/1/17 TO PRESENT</b>	20
<b>ADMISSIONS WITH ANTIPSYCHOTIC MED ORDER IN PLACE 4/1/17 TO PRESENT</b>	190
<b>NUMBER OF RESIDENTS WITH A GDR IN PLACE 4/1/17 TO PRESENT</b>	173
<b>PHOTO BOOK CREATED AND SHARED 4/1/17 TO PRESENT</b>	69
<b>GIFT OF PURPOSE SESSIONS 4/1/17 TO PRESENT</b>	3400
<b>GIFT OF PURPOSE RESIDENTS 4/1/17 TO PRESENT</b>	921