

# MyCareOhio

## Connecting Medicaid + Medicare

Ohio's Integrated Care Delivery System (ICDS)

### What is the Integrated Care Delivery System (ICDS)?

The **Integrated Care Delivery System (ICDS)** is a system of managed care plans selected to coordinate the physical, behavioral, and long-term care services for individuals over the age of 18 who are eligible for both Medicaid and Medicare. This includes people with disabilities, older adults and individuals who receive behavioral health services. Ohio's ICDS is called "MyCare Ohio."

- + **A Team Approach to Care Coordination:** The MyCare Ohio approach is centered on the individual to effectively coordinate their care based on their specific needs. This care team includes: the individual, the individual's family/caregiver, the MyCare Ohio plan care manager, the waiver service coordinator (if appropriate), the primary care provider, specialists, and other providers as applicable.
- + **MyCare Ohio Plans:** Ohio selected five managed care plans, through a competitive process, to comprehensively manage the full spectrum of Medicaid and Medicare benefits.
- + **Combined Benefit Package:** The benefit package includes all benefits available through the traditional Medicare and Medicaid programs, including long-term care services and supports and behavioral health services. In addition, MyCare Ohio managed care plans may elect to include additional services in their benefit packages.

### Why Must We Act?

The Medicaid and Medicare programs have almost no connection to each other. No one entity is accountable for the care of the whole person. The current system is confusing and difficult for individuals to navigate. Benefits for individuals eligible for both programs, such as long-term care services and supports, behavioral health services, and physical health services, are fragmented and poorly coordinated.

### What are We Trying to Achieve?

By better coordinating the benefits offered through the Medicaid and Medicare programs, the MyCare Ohio program aims to improve the overall health and well-being of the individual while also improving health care quality and outcomes, as well as containing costs.

- + **Single Point of Contact:** The MyCare Ohio managed care plans will be a single point of contact for all individuals enrolled in both Medicare and Medicaid. This will allow individuals to easily navigate their health care goals and needs across various services and health care settings.
- + **Person-Centered Care:** The plans will: encourage choice and self-direction, provide support for individuals to remain independent and in the community, and provide care management that includes face-to-face visits in the home and community.

# Who Will Participate?

## Individuals who:

- receive both Medicare Parts A, B & D and full Medicaid benefits  
- **and** -
- live in one of the seven multi-county demonstration regions.

**Choice of MyCare Ohio Plan:** Eligible individuals will be able to choose from at least two managed care plans in each region to provide their Medicaid and Medicare benefits.

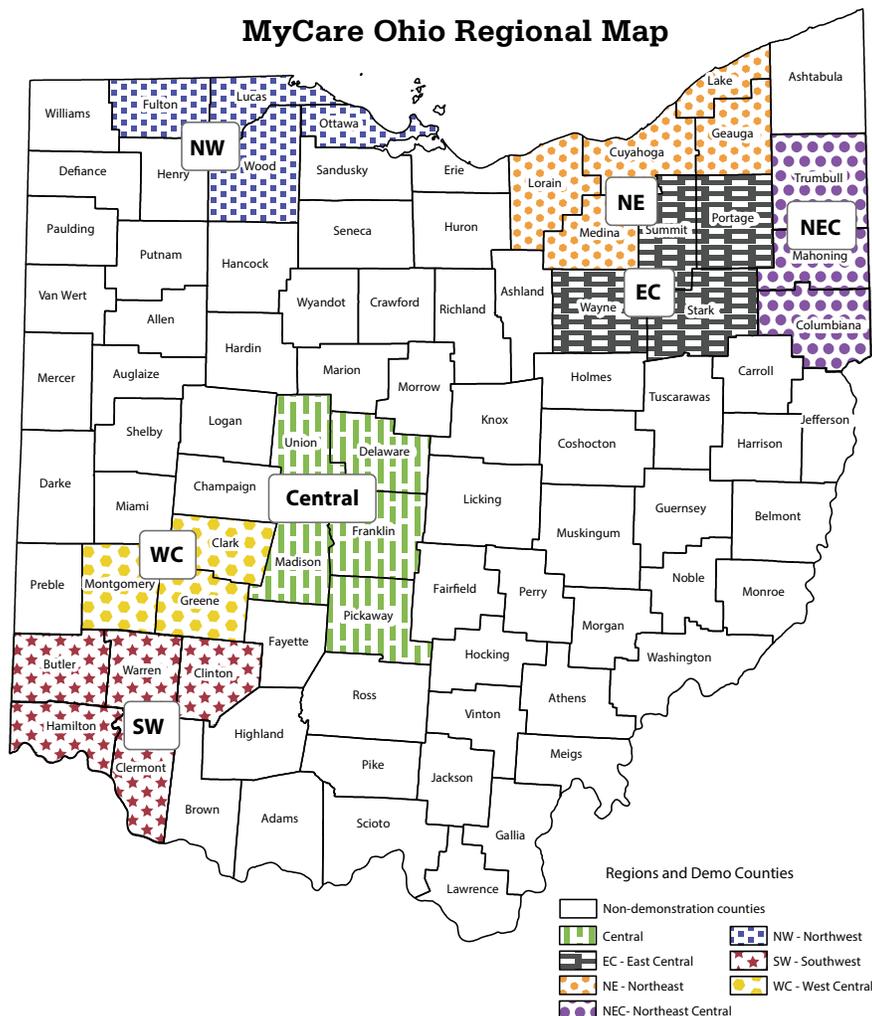
**Medicare Opt-out:** Individuals will have the option to have the managed care plan provide their Medicare benefits or to opt out of the Medicare portion of the program, and stay with their current Medicare Advantage plan or traditional Medicare. However, the individual's selected MyCare Ohio managed care plan will provide and pay for all their Medicaid services.

# How Will MyCare Ohio Enrollment Work?

Enrollment into MyCare Ohio will be in phases, by region, over several months beginning in September of 2013.

- Individuals will be able to explore the managed care plans available in their region during a voluntary enrollment period. **See MyCare Ohio Enrollment Fact Sheet for additional details.**
- Eligible individuals will receive educational and enrollment letters informing them of their voluntary enrollment period, and when enrollment into a MyCare Ohio managed care plan becomes mandatory. If an individual does not choose a managed care plan by the mandatory enrollment date, Ohio will choose one for them based on which plan best fits their needs.

**MyCare Ohio Regional Map**



- Individuals will have the ability to enroll by phone, online, or by mail.
- After enrollment, the plan will work with the individual and their health care team to develop the individual's care management plan.

Demonstration Region & Population	Managed Care Plans Available
<b>Northwest: 9,884</b> Fulton, Lucas, Ottawa, Wood	- Aetna - Buckeye
<b>Southwest: 19,456</b> Butler, Clermont, Clinton, Hamilton, Warren	- Aetna - Molina
<b>West Central: 12,381</b> Clark, Greene, Montgomery	- Buckeye - Molina
<b>Central: 16,029</b> Delaware, Franklin, Madison, Pickaway, Union	- Aetna - Molina
<b>East Central: 16,225</b> Portage, Stark, Summit, Wayne	- CareSource - United
<b>Northeast Central: 9,284</b> Columbiana, Mahoning, Trumbull	- CareSource - United
<b>Northeast: 31,712</b> Cuyahoga, Geauga, Lake, Lorain, Medina	- Buckeye - Caresource - United